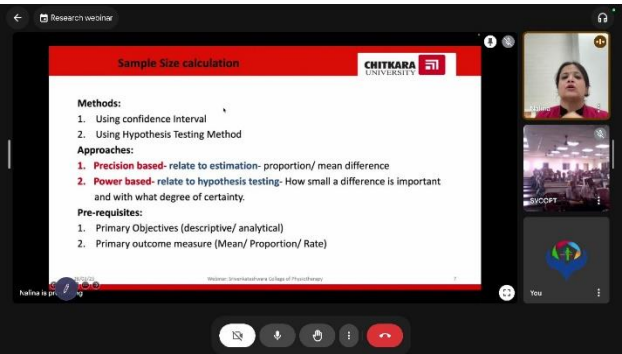


PHYSIO PULSE

NEWSLETTER



"Scholarly Discourse on Sample Size Challenges in Healthcare – A Webinar Recap" Feb 28, 2025

A highly engaging and informative webinar was held on the topic “Overcoming the Obstacles of Sample Size Determination in Healthcare Studies” at Mary McMillan Hall on 28/02/2025 at 3:00 PM as part of the January–April semester academic activities. The event featured Dr. Nalina Gupta, an esteemed academic from the Chitkara School of Health Sciences, Chitkara University, Punjab, as the distinguished speaker. Dr. Gupta provided deep insights into the challenges faced by researchers in determining appropriate sample sizes in healthcare research and shared practical solutions backed by real-world examples. The session was opened with a warm speaker’s note by Prof. Dr. Jeyanthi. S, who welcomed the guest and set the context for the webinar. The event saw the enthusiastic participation of more than 150 students, along with faculty members from various departments. The webinar concluded with a vote of thanks delivered by the Principal, who appreciated Dr. Gupta for her valuable contribution and encouraged students to actively apply the knowledge gained in their academic and research pursuits. The session proved to be a valuable academic engagement, contributing meaningfully to the students’ understanding of research methodology in healthcare.



"SVCOPT Faculty & Students Excels at PHYSIO BEAST 2K25"

The students & faculty of Sri Venkateshwaraa College of Physiotherapy (SVCOPT) participated with great enthusiasm in the international level intercollegiate meet, “PHYSIO BEAST-2K25”, held on May 1 & 2, 2025. The prestigious event was organised by Nehru College of Physiotherapy (Affiliated to Tamil Nadu Dr. M.G.R Medical University, Chennai), Thirumalayampalayam - Coimbatore. In this International level intercollegiate meet, 40 Colleges from around Tamil Nadu and Andhra Pradesh were enrolled & various physiotherapy professionals, Educators & students from various institutions were engaged in academic research & sports pursuits. The event was inaugurated by two distinguished professionals – Prof. Dr. Supriya K. Vinod MPT (Cardio-Resp) MBA, (Edn. Mgmt.), Ph.D Principal, College of Physiotherapy Mother Theresa Post Graduate & Research Institute of Health Sciences , Govt. of Puducherry Institution & Dr.V.Krishna kumar, president, tamilnadu, Indian Association of Physiotherapist. Professor Dr. Jeyanthi S, our esteemed Principal, was invited as a CME Speaker & she delivered an impactful lecture titled “ Artificial Intelligence & Physiotherapy in Shaping the Future of Patient Care”, enlightening the audience on the

Transformative potential of AI in clinical rehabilitation. In recognition of her dedication & contribution to education, she was honoured with the “Light of Education Award “as a fitting tribute to her legacy in Physiotherapy education. Faculty members of SVCOPT,, Ms. A. Kirthiga, Assistant Professor, secured 3rd Prize in the faculty presentation category & Mrs. J. Philomina earned 1st Prize in the Poster presentation. Miss Gnaneshwari Ashika A, a final-year student, was awarded the “Wings of Success” in recognition of her consistent academic excellence. Ms.Rajalakshmi R, a 1st year postgraduate student, secured 1st Prize in the paper presentation category, followed by Mr. Ajith kumar A, 2nd year postgraduate student won 2nd Prize, highlighting the research caliber of our postgraduate students. Mr. Ashwanth Krishnaa. M & his team from the 2nd year BPT Students won 1st Prize for short film direction. The “Kattappa Brothers” team from SVCOPT clinched the 1st Prize in football for demonstrating their team spirit & athletic skills. The outstanding performance of SVCOPT’s Faculty & students at “PHYSIO BEAST 2K25” not only showcases their individual talent & academic strength but also upholds the college's reputation for excellence in physiotherapy education,, research & extracurricular engagement.



# SVCOPT Campus Carnival

## FRESHER’S PARTY

On March 25, 2025 the TELESPTHORIANS of the 2023-2024 batch of Sri Venkateshwaraa College of Physiotherapy organized a grand and memorable Freshers' Party for their juniors. This event marked the beginning of an exciting new journey for the incoming batch of 2024-2025. The seniors with full of enthusiasm and excitement, warmly welcomed their junior counterparts, making it a remarkable occasion filled with joy, celebration.

The event commenced with Thamizh Thai Vazhthu, a traditional Tamil song, adding a cultural touch to the proceedings. Our esteemed principal formally honoured the advisor with a bouquet as a token of appreciation for his valuable presence. To formally kick off the event, Dr. R. Venguttaramane, Academic Advisor and Principal, Prof. Dr. Jeyanthi. S delivered an encouraging and motivating speech. In her address, Prof. Jeyanthi offered words of wisdom to the freshers, urging them to embark on their academic journey with determination, confidence, and commitment to excellence.

One of the most anticipated moments of the event was the Naming Ceremony, where the juniors were officially welcomed into the fold of the college. With bright smiles and eager faces, the freshers were given the title of "SABELOEIRIANS," symbolizing their entry into the prestigious family of Sri Venkateshwaraa College of Physiotherapy.

In a fun-filled segment, the titles of Mr. Fresher and Ms. Fresher were announced. After much excitement and cheer, Mr. Naveen Raj and Ms. Ruwaidha Begum were honoured as Mr & Ms Fresher 2K25. They were formally crowned as Mr. Fresher and Ms. Fresher of the 2024-2025 batch, with their names met with applause and excitement from everyone present there.

The Freshers' Party was successfully coordinated by Mrs. J. Philomina (Event co-ordinator) and Ms. A. Kirthiga (Class co-ordinator), Assistant Professors of Sri Venkateshwaraa College of Physiotherapy. Their hard work, effort, and meticulous planning ensured the event's great success.



## TRIOFEST 2025 at SVCOPT: A Celebration of Unity and Festivity



On January 22, 2025, the BPT - Orions (2021-2025) batch hosted an exuberant TRIOFEST celebration at the Mary McMillan Hall, SVCOPT, bringing together students and faculty to celebrate Christmas, New Year, and Pongal. The event began with the traditional Thamizh Thai Vazhthu, followed by the lighting of the kuthuvilaku by Academic Advisor, Dr. R. Venguttaramane, marking the official start of the festivities. Ms. S. Vishnu Priya, a final-year student, delivered the welcome address, warmly greeting the gathering and setting the tone for the day. In their speeches, Academic Advisory Dr. R. Venguttaramane, along with Prof. M. Paulraj, Prof. Dr. S. Jeyanthi, and Mr. S. Ramkumar, Assistant Professor, extended festive wishes to everyone, emphasizing the importance of unity and joy during such special occasions.

The event featured a variety of engaging competitions, including Rangoli, Tug of War, and Musical Chairs, with enthusiastic participation from students. The cultural segment highlighted the diverse talents of the student body through vibrant performances in singing and dancing. Additionally, several games were organized for the faculty, adding an element of fun and excitement to the celebration.

The celebration concluded with the national anthem, fostering a sense of pride and togetherness among all attendees. The entire event was seamlessly coordinated by Mrs. J. Philomina (Event Coordinator) Assistant Professor at SVCOPT, ensuring that TRIOFEST 2025 was a resounding success.

This joyous occasion truly embodied the spirit of togetherness, leaving participants with unforgettable memories of camaraderie and festive cheer.



# AGON 2K25 – A Grand Fusion of Sports & Culture at Sri Venkateshwaraa Group of Institutions



On May 10, 2025, the Sri Venkateshwara Group of Institutions witnessed an extraordinary showcase of youthful energy, sportsmanship, and artistic brilliance during AGON 2K25, held from May 5th to 10th, 2025. Bringing together all seven constituent colleges, the event was a resounding success, marked by vibrant participation in both sports and cultural competitions. With steadfast support from the institution’s leadership—Shri. B. Ramachandiran (Chairman), Smt. Radha Ramachandiran (Founder Chairman), Shri. A.R. Rajiv Krishna (Managing Director), Smt. Moushmi Rajiv (Executive Director), Dr. B. Vidhya Rangaraju (Chief Operating Officer), and Dr. S. Ratnasamy (Director)—AGON 2K25 unfolded as a celebration of unity, talent, and excellence.

From SVCOPT, all the students actively participated under the guidance of Principal Prof. Jeyanthi S. On the sports front, under the direction of Mr. Ram Kumar, Assistant Professor (Sports Coordinator, SVCOPT), and student sports secretaries Ms. M. Nisma

Parveen and Yogesh Kumar, over 15 competitive events were held, with Blue House (SVCOPT, ICON & MLT) proudly securing the Overall 2nd Runner-Up title. Noteworthy achievements included runners-up positions in Carrom (Boys) by Sam Sanjay and Reyaz, Basketball (Girls) by Mathiyazhagi, Raveena, and Priyadharshini, and Throwball (Girls) by Mathiyazhagi, Raveena, Dhanalakshmi, Nabisha, and Sangamithra. M. Nisma Parveen secured second place in Badminton (Girls), while Yogesh Kumar earned third place in both the 100m Sprint and Discus Throw. Amithram and Mathiyazhagi claimed second place in Shot Put, Raveena earned second in High Jump, and the Futsal team—Siva, Magath, Sabari, Reyaz, Sham, Navin, and Adhiyaman—secured the runners-up spot.

Meanwhile, the cultural segment, held from May 6th to 10th, transformed the campus into a festival of creativity, with over 45 events taking center stage.

Coordinated by Mrs. M. Malarvizhi (Cultural Coordinator), Assistant Professor, SVCOPT. Student cultural secretaries are B. Arun Vishnu Varadhan and S. Jayasri. The programs showcased exceptional student talent across genres. The Main Stage Events from May 8th to 10th captivated the audience with spirited performances, including a deeply moving tribute to the Sindhoor Project, which resonated with the entire campus. A culinary twist came on May 6th with the “Cook without Fire” competition, judged by Instagram food vlogger Thamaraiselvi (Aving Foodie Dude), where students amazed with delicious, flame-free creations. The grand finale was seamlessly anchored by B. Arun Vishnu Varadhan and Shalini (Final BPT), whose energy and professionalism brought the curtain down on AGON 2K25 with style and celebration.

Overall, the event stood as a vibrant testament to the institution’s commitment to holistic development, student engagement, and community spirit.



# SVGI Elevate

## (Shaping Futures through Research & Skills)

### Sri Venkateshwaraa Group of Institutions Hosts International Seminar on Global Skill Development



In a bid to foster global competency among students, the Sri Venkateshwaraa Group of Institutions successfully conducted an International Seminar and Training Session on “Global Skill

Development, Scholarship Opportunities, and Global Immersion” on 18 February, 2025. The seminar commenced at 10:00 AM in the Marry Mc Millan Seminar Hall, drawing a large number of undergraduate students from the second to final year. The highlight of the event was an inspiring keynote session by Dr. Dinesh Gajendran, a distinguished youth leader and renowned social entrepreneur. Dr. Gajendran currently serves as the Catalyst & Executive Director of Audacious Dreams Foundation – India and has held esteemed roles, including Former Indian Government Nominee and Chairperson of the Commonwealth Youth Council. He is presently the Asia Regional Special Advisor for the Commonwealth Students Association and has been recognized with prestigious honors such as the Commonwealth Youth Worker Award – Asia Region and the title of Commonwealth Champion by the Commonwealth Secretariat. The seminar aimed at equipping students with practical global skills and focused on four key areas: CV Writing and Portfolio Building, Writing an Effective Statement of Purpose (SOP), Exploring International Scholarship Opportunities, Global Internship and Immersion Programs. The program was coordinated by Mrs. M. Malarvizhi, Assistant Professor, who played a crucial role in the seamless execution of the event. The session opened with a welcome address by the Principal, who set the tone for the day with his encouraging words and facilitation. The event witnessed enthusiastic student participation, with attendees actively engaging in the interactive session and gaining valuable insights from Dr. Gajendran’s global experience. The seminar concluded with a student-led feedback session, reflecting the overwhelming positive impact and success of the program.

### Our Faculty and Students Participate in the National Workshop on Research Grant Writing at Sri Venkateshwara College of Pharmacy

On January 23, 2025, a group of faculty members and postgraduate students from Sri Venkateshwaraa College of Physiotherapy (SVCOPT) actively participated in a national workshop titled "Research Grant Writing: From Concept to Submission of Proposals," held at Indirani Hall, SVCP. The event was organized by the Sri Venkateshwara College of Pharmacy and aimed to equip participants with essential skills for crafting successful research proposals. The workshop featured two engaging sessions.

The first session was conducted by Prof. Susan M. Shaw, a Full Bright Specialist and faculty member from the Department of Gender and Sexuality Studies at Oregon State University, USA. Prof. Shaw’s session, titled “Turning Ideas into Funding: A Step-by-Step Guide to Proposal Writing,” offered valuable insights into converting research ideas into grant-worthy proposals.



The second session, led by Dr. Kamalaveni, Head of the Centre for European Studies and Associate Professor at the Centre for Women’s Studies, Pondicherry University, focused on the topic, “Empowering Women in STEM: Unlocking New Funding Opportunities.” Dr. Kamalaveni’s interactive session highlighted the unique challenges and opportunities for women in STEM fields when it comes to securing research funding. Both sessions were well-received for their relevance and interactivity, providing the participants with practical knowledge and strategies for navigating the research funding landscape.

The workshop concluded with a certificate distribution ceremony, where Dr. R. Venguttaramane, Academic Advisor at SVGI, and Dr. Jayaraman Rajangam, Principal of SVCP and Organizing Chairman of the workshop, honored the participants for their involvement. The event proved to be an enriching experience for all attendees, fostering collaboration and enhancing the participants' understanding of research grant writing.



# Successful Precursor to Research Day 2025 Highlights Academic Excellence and Innovation

On March 20, 2025, in anticipation of the much-awaited Research Day 2025, the Pre-Research Day event focusing on paper presentations was successfully held in online mode. The event saw enthusiastic participation from students and faculty, providing a platform to showcase emerging research in the healthcare field. The paper presentation segment was judged by Dr. Jasmine Kaur Chawla, Associate Professor at Manav Rachna International University, Faridabad, whose expertise and constructive feedback enriched the learning experience for all presenters. Following a rigorous abstract review conducted by Dr. Jebaraj, Physiotherapist at JIPMER, and Dr. Jasmine Kaur Chawla, the following students were selected and awarded for their exceptional contributions: Ajith Kumar, MPT 2nd Year – Winner in both Innovation and Poster Presentation, Kanagaraj, MPT 2nd Year – Winner in Innovation, Srigajalakshmi, MPT 1st Year – 1st Prize in Paper Presentation, Srinidhi, BPT Final Year – 2nd Prize in Paper Presentation. The organizing committee extends heartfelt gratitude to Dr. Jasmine Kaur Chawla for her valuable role and to all presenters for their enthusiastic participation, which laid a strong foundation for the upcoming Research Day celebrations. The official Research Day 2025 was



celebrated on March 28, 2025, at the Sai Auditorium, centered around the compelling theme: “Innovation in Healthcare Technology.” The event brought together academicians, researchers, and students from various disciplines to discuss innovations, share knowledge, and inspire new directions in healthcare technology. The Chief Guest for the event was Dr. Govindasamy Kumaramanikavel, Research Director at Narayana Netralaya, Bangalore, who delivered an inspiring keynote address emphasizing innovation and translational research. The event was steered by prominent academic leaders: Dr. Paapa Dasari, Dean – Research & PG Academics, SVMCH (Organizing Chairperson), Dr. Jeyanthi. S Principal, SVCOPT & Associate Dean-Researcher, SVGI (Chairperson), Dr. Lavanya, SVMCH (Chairperson), Dr. Priyatharshini, SRC Chairman, SVMCH (Organizing Secretary). A proud highlight of the day was the faculty paper presentation session, where the First Prize was awarded to Prof. Dr. S. Jeyanthi, MPT (Ortho), PhD, Principal of SVCOPT, for her outstanding research work. The Second Prize was awarded to Mrs. Subalakshmi, MPT (Neuro), Assistant Professor at SVCOPT, recognizing her valuable academic contribution.

## Fitness Acts

### SVCOPT Marks International Women’s Day 2025 with a Week-Long Physiotherapy Fitness Program for SVGI Women Staff



On March 8 to 15, 2025 – In celebration of International Women’s Day 2025, the Sri Venkateshwaraa College of Physiotherapy (SVCOPT) successfully conducted a one-week program on Physiotherapy

Assessment and Treatment of Physical Fitness Parameters for women teaching and non-teaching staff of Sri Venkateshwaraa Group of Institutions (SVGI). The week-long initiative, was aimed at promoting physical fitness, wellness, and health awareness among women staff members across SVGI. The program drew active participation from departments throughout the institution. This impactful event was meticulously organized under the leadership of Prof. Dr. Jeyanthi. S, Principal of SVCOPT, along with Mr. T. Bharneedharan, Clinical Incharge of SVCOPT. Their coordination and commitment ensured the smooth and successful execution of the program. Throughout the week, participants underwent a series of comprehensive physical fitness assessments. The following parameters were measured: Body Mass Index (BMI), Waist-Hip Ratio, Hand Grip Strength, Flexibility, Endurance, Balance, and Aerobic Capacity. Based on individual assessments, participants were guided through personalized exercise protocols, including stretching and strengthening exercises tailored to muscle groups in need of improvement. Additionally, balance exercises were taught to enhance overall physical fitness and stability. A key highlight of the event was the active involvement of MPT 1st-year students, who played a vital role in conducting the fitness tests and administering the exercise routines. Their dedication and professionalism significantly contributed to the program’s effectiveness and success. The initiative was not only a celebration of women but also a strong step towards fostering a culture of health and wellness in the workplace. SVCOPT extends its heartfelt thanks to all participants, organizers, and student volunteers for their enthusiasm and commitment in making this program a meaningful and impactful celebration of Women’s Day.



# Lifesaving Acts

## Free Medical & Physiotherapy Camp Held at Villiyanur to Mark World Health Day 2025



As a part of the celebration of World Health Day 2025, a free medical & physiotherapy camp was organized by two institutions, SVMCH & RC, and SVCOPT at Villiyanur UHTC, Villiyanur on April 10, 2025, which was a success. Various medical specialties, doctors like General medicine, General surgery, Orthopaedics, OBG, ENT, Dental, and Physiotherapy services, were also provided in this camp. At the registration counter, the patient's physical parameters like height, weight, BMI, HR, RR, BP, values were noted, and then they were allotted to the concerned departments depending upon their ailments, and finally, they were provided free medicines for one week to 10 days. This camp had a total registration of 85 patients, of whom 40 patients received the free physiotherapy services like IFT, TENS, UST, Wax, Traction, Exercises, etc. This camp also included health education, do's & don't's advice for ergonomics, and exercise pamphlets were also distributed to them. The program was felicitated by our Academic advisor, Dr. Venguttaramane, and the Principal of SVCOPT, Dr. Jeyanthi. Community medicine department HOD, Dr. Bharathalakshmi, Villiyanur UHTC medical in-charge Dr. Melbin, and Physiotherapy department, Clinical In-charge Mr. T. Bharaneedharan, made arrangements for this camp to be a successful one. Preliminary works like field visits (door to door) and notice pamphlet distribution works were done by our Physiotherapy students, Therapists, Medical Social Worker, and Health Inspector in a short span. The program was supported by the camp coordinator, Mr. Palaniayappan, in bringing free medicines and minor equipment from the hospital. This was a well-organized camp conducted jointly by both the community medicine and physiotherapy departments in a successful manner.

## SVMCH&RC, Free Medical, Dental & Physiotherapy Camp at Conifer Matric School, Villupuram in Celebration of World Health Day 2025



As a part of the celebration of World Health Day 2025, a free Medical, Physiotherapy & Dental camp was organized by SVCOPT, SVMCH & RC, SVDC, Sankav enterprises, Lions club (Villupuram), at Conifer Matric School, Koliyanur (Near RHTC-Valavanur) on April 13, 2025, and was a success. Various medical specialties, doctors like General medicine, General surgery, Orthopaedics, OBG, ENT, Ophthalmology, Dental, and Physiotherapy services were also provided in this camp. At the registration counter, the patient's physical parameters like vitals, ECG, and GMR values were recorded, and then they were allotted to the concerned departments depending upon their ailments. This camp had a total registration of 110 patients, of which 30 patients received free physiotherapy services like IFT, TENS, IRR, Wax, UST, and Exercises, etc. This camp also included health education, do's & don't's advice for ergonomics, and exercise pamphlets were also distributed to them. Many patients benefited from optometric (vision assessment) and teeth cleaning processes from our dental procedures. Finally, patients were provided with free medicines for one week to 10 days. The Lions Club of Villupuram also provided additional free medicines and ointments for the physiotherapy patients. The program was felicitated by our Principal of SVCOPT Dr. Jeyanthi. S, HOD of Surgery, Dr. Selvakumar, Conifer Matric School Correspondent, Dr. Santhosh, Lions Club members of Villupuram branch, and Sankav

enterprises, Koliyanur. The steps have been initiated by our physiotherapy department, Clinical In-charge Mr. T. Bharaneedharan, as community field visits (door to door) at Valvanur & Koliyanur surrounding areas by notice pamphlet distribution along with our Valvanur centre therapist Ms. Keerthiga, 2nd year PG physiotherapy students, and Health Inspector. Voice announcements were also done in the deeper areas of villages. Mr. Bakthavachalam, camp co-ordinator, made arrangements like bringing free medicines, minor equipment from the hospital, transport facilities, and lunch at the end of the camp.

## Mega Blood Donation Camp



On behalf of our beloved chairman's birthday, Indirani College of Nursing successfully organized a Mega Blood Donation Camp on 24/04/2025 at the auditorium, ICON. The institutional red ribbon club in collaboration with Blood Center, SVMCH & RC, Uyirthuli Foundation, PUDHUCHERRY. The event aimed to promote the noble cause of saving lives through voluntary blood donation and to raise awareness about the importance of regular blood donation. The inaugural event was organized by the organizing chairperson and the organizing secretary. Volunteers from various departments of SVGI have participated. G. Subalakshmi (Assistant Professor) organized the students from Sri Venkateshwara College of Physiotherapy for a blood donation camp under the guidance of Prof. Dr. Jeyanthi S, Principal of SVCOPT. Donors, including students, staff, came forward to donate blood. Each donor underwent a preliminary health check-up, and refreshments were provided post-donation. The collected blood units will be used to assist patients in urgent need, including those suffering from anemia, undergoing surgery. The event concluded on a positive note with participants receiving appreciation certificates for their contribution. The organizers extended heartfelt thanks to all the donors, volunteers, and medical professionals who made the event a grand success.



# SVCOPT Celebrating Wellness and Empowerment

## SVCOPT Observes World Health Day 2025 with Awareness Program for Patients



Puducherry – April 7, 2025 – In observance of World Health Day 2025, the Department of Physiotherapy at Sri Venkateshwaraa College of Physiotherapy (SVCOPT) organized an impactful health awareness program for patients at the Physiotherapy Outpatient Department. With the global theme “Healthy Beginnings – Hopeful Futures,” the event focused on educating the public about prevalent health issues and the vital role physiotherapy plays in prevention and management.

The program featured a series of informative talks delivered by the clinical faculty, each addressing a major health concern affecting today’s society: Mr. T. Bharaneedharan, Clinical Incharge, opened the session with a talk on “Diabetes and Its Complications with Preventive Measures Through Physiotherapy,” emphasizing the role of physical activity in blood sugar regulation and preventing long-term complications. Mrs. Kanimozhi, Tutor, discussed “Stroke and Its Management,” highlighting early intervention and physiotherapy techniques to support recovery and improve quality of life. Ms. Suvetha, Tutor, delivered a session on “Obesity and Its Preventive Aspects,” focusing on lifestyle modifications and structured physiotherapy routines for weight management. Ms. Sharmila, Tutor, addressed the topic of “Heart Attack,” outlining the importance of cardiac rehabilitation and physiotherapy's role in secondary prevention. Ms. Ashwathamini, Tutor, presented on “Ergonomic Care,”

raising awareness about posture, workplace ergonomics, and injury prevention, particularly relevant for working professionals. Mr. Sureshkumar, Tutor, concluded the program with a session on “Cancer and Its Consequences,” emphasizing the supportive role of physiotherapy in managing fatigue, pain, and improving mobility during and after treatment.

BPT students have been actively participating in poster presentation and reel-making competition. Judges for this event have been invited from Sri Venkateshwara College of Pharmacy, Dr. Prof. K.Shivakumar and Dr. A. Umesh (Associate Professor). Vaishnavi and Indrackhi from BPT III Year share first prize, and Kuzhali from II Year won second prize. Jasmine and Sivadharshini won first prize in reel making. Thanking Principal Prof. Dr. Jeyanthi S, has well motivated the students to take part in this World Health Day. The event has been organized by J.Philomina (Assistant Professor)

## Women’s Day Celebration 2025 at SVCOPT: A Day of Inspiration and Empowerment



SVCOPT, March 5, 2025 – The Women’s Day Celebration 2025 was held with great enthusiasm at Mary McMillian Hall on the SVCOPT campus, organized by ORIONS (7th Semester). The event featured a vibrant mix of dance performances, speeches, and interactive games, making it a memorable occasion for all in attendance.

The celebration was honored by the presence of Mrs. Anita Roy, IPS, Senior Superintendent of Police, Puducherry, who served as the Chief Guest for the event. The function was presided over by Dr. R. Venguttaramane, Academic Advisor of SVGI. Other dignitaries at the event included Mr. Ramesh, SO, and Mr. Pugazenthi, DGM. The event commenced with a warm felicitation of Mrs. Anita Roy by Dr. R. Venguttaramane. Mrs. Anita Roy shared her inspiring journey, offering invaluable insights on leadership, resilience, and the importance of women's empowerment across all sectors. She highlighted the strength and potential of women and encouraged everyone to continue striving for equality and success in all areas of life.

The day concluded on a patriotic note with the collective singing of the National Anthem, marking the end of a successful and empowering celebration.



## Yoga Day Celebration



The Yoga Day celebration was conducted on June 21, 2025, with the theme “Yoga for One Earth, One Health.” Firstly, we extend our sincere gratitude to its leadership for their continued support, Shri. B. Ramachandiran, Chairman; Smt. Radha Ramachandiran, Founder Chairman; Shri. A.R. Rajiv Krishna, Managing Director; Smt. Moushmi Rajiv, Executive Director, and Dr. B. Vidhya Rangaraju, Chief Operating Officer. The event commenced with a warm welcome address by our respected Principal, Dr. Jeyanthi. S, MPT (Ortho), PhD, (Organising Secretary), followed by the speaker’s introduction given by Ms. K. Nandini, MPT (Ortho), Assistant Professor. The session’s resource person, Ms. Vasanthra Murugan, PT, delivered an insightful session



highlighting the importance of yoga for holistic well-being. The Principal honoured the esteemed speaker in appreciation of his valuable contribution. More than 40 participants, including students and faculty members, actively took part in the event. A practical yoga demonstration was conducted, providing students with hands-on learning of various yoga postures and techniques. A heartfelt vote of thanks was delivered by Ms. Kirthiga, MPT (Ortho), Assistant Professor, acknowledging the contributions of all participants and organizers. The event was meticulously coordinated by Mrs. J. Philomina, MPT (Neuro), Assistant Professor. Overall, the celebration inspired everyone to incorporate yoga into their daily routine for a healthier life and a healthier planet.

## Conference Glory

### Sri Venkateshwara University College of Physiotherapy Hosts ‘SVNOG PHYSIO CON 2025’



Sri Venkateshwara University, College of Physiotherapy recently organized the ‘SVNOG PHYSIO CON – 2025’ on February 27, 2025. The conference featured an insightful session on the topic, “Exercise for Expectant Mothers: Safe, Effective, and Empowering,” presented by Dr. Ponmathi, MPT (OBG), (PhD), Faculty of Physiotherapy, Sri Ramachandra Institute of Higher Education and Research. The national-level conference witnessed the active participation of 55 students, both undergraduate and postgraduate, from our college (SVCOPT). In addition to the attendees, more than 15 students showcased their research through paper and poster presentations. Our college excelled in the paper presentation competitions. Dr.(Prof) Jeyanthi S secured the first prize, while Mrs. M. Malarvizhi, Assistant Professor, secured the second prize

for her exceptional paper. Among the postgraduate students, Ms. Subapradha from the 2nd-year Neuro specialization bagged the first prize, while Ms. Lakshmipriya from the 2nd-year Ortho specialization earned the second prize. Furthermore, in the undergraduate poster presentation category, Ms. Sherleen from the Final Year secured the first prize, making our college proud. This event was a great platform for students and faculty alike to engage with the latest trends in physiotherapy and showcase their research and expertise.

### SVCOPT Shines at International Conference Hosted by RL Jalappa College of Physiotherapy

The RL Jalappa College of Physiotherapy, Kolar, hosted a prestigious two-day International Conference on March 7th and 8th, 2025, drawing participation from academicians, researchers, and students from across the globe. The event witnessed an impressive representation from Sri Venkateswara College of Physiotherapy (SVCOPT), with around 70 students, faculty members, and the principal in attendance. SVCOPT participants made their mark across the academic, research, and cultural segments of the conference. A total of 35 students from both undergraduate and postgraduate programs actively participated in the paper and poster presentation categories. Among the top achievers, Mrs. Lakshna G.B. from the postgraduate category won first prize for her exceptional paper presentation, while Ms. Prethika, a final-year UG student, secured second prize in the poster presentation competition.

Innovation was at the forefront during the Innovation Hub event, where SVCOPT’s team—comprising Prof. M. Paulraj, Mrs. Lakshna G.B., and



Ms. Santhiya P.—clinched the first prize, applauded for their inventive approach and creative project execution. The college also excelled in the cultural segment. The mime team from SVCOPT earned second prize for a compelling performance centered around the theme of Women's Day.

The team, consisting of Ajithkumar, Dhanalakshmi, Akshaya, Vishnupriya, Rajalakshmi, Mahathuvan, Venmathi, and Priyadharshini, received widespread appreciation for their emotionally resonant and impactful act. Academic achievements were also recognized during the conference.



Prof. K. Anand Babu, who served as the chairperson of the event, was honored with the Academic Excellence Award for his exceptional contributions to the fields of education and research. Meanwhile, Prof. M. Paulraj received the Young Researcher Award, acknowledging his innovative work and dedication to advancing physiotherapy research.

Additionally, Mrs. Philomina, Assistant Professor, showcased the institution's academic strength by presenting a paper in the academic category. The conference provided a dynamic platform for learning, collaboration, and recognition, further establishing RL Jalappa College of Physiotherapy as a center of excellence. It also reinforced SVCOPT's commitment to academic innovation, research leadership, and cultural expression.

## SVCOPT Excels at Rehab Conclave 2K25



On March 22, 2025, Students and faculty members from Sri Venkateshwaraa College of Physiotherapy (SVCOPT) made a significant impact at Rehab Conclave 2K25, organized by UNICA Multispeciality Therapy Center at Theivanai Ammal College for Women, Villupuram. The event brought together aspiring healthcare professionals and experts from diverse rehabilitation disciplines for a day of knowledge exchange, practical workshops, and competition. SVCOPT had a strong representation, with 79 students attending the conclave. Out of these, 51 students actively participated in various competitions, including poster presentations, quizzes, reels, and meme contests. The event commenced with an inspiring welcome address by Prof. Dr. S. Jeyanthi, Principal of SVCOPT, who was also honored as the Guest of Honour for her outstanding contributions to physiotherapy and healthcare education. She further served as a jury member for the Psychology and Nursing poster and paper presentations, showcasing her leadership and academic expertise. Adding to the academic depth of the conclave, Ms. A. Kirthiga, Assistant Professor, delivered an insightful presentation on “Matrix Rhythm Therapy”, exploring its relevance and application in modern rehabilitation practices. Her session was well-received for its depth and practical implications. Highlights of Winners from SVCOPT: Faculty Presentation (Offline) Winner: Ms. A. Kirthiga, Faculty Presentation (Online) Winners: Mrs. Malarvizhi & Mrs. Dharani, Poster Presentation – PG Category 1st Prize: Suhara S. & Santhiya P. 2nd Prize: Gajalakshmi & Devipriya Quiz Competition – UG & PG 1st Prize (PG 2nd Year): Ajith Kumar & Revathi, 2nd Prize (PG 2nd Year): Kanagaraj & Priyanka, 3rd Prize (UG Final Year): Shalini & Yogesh Kumar, Poster Presentation – UG Category Priyadharshini N. (8th Semester), Shalini M. (8th Semester) & Musfira P. (7th Semester). The Rehab Conclave served as a dynamic platform for interdisciplinary learning and collaboration, providing students and faculty an opportunity to engage with real-world rehabilitation scenarios and innovations. The event emphasized the importance of teamwork among physiotherapists, psychologists, nurses, and occupational therapists in patient-centered care.



# Faculty Members Shine at SBV Conclave '25: Breaking the Barriers in Movement Science



The faculty of our institution recently participated in the 3rd International Physiotherapy Conference, SBV Conclave '25, organized by the School of Physiotherapy, SBV, Chennai. Held on 4th and 5th April 2025, the conference focused on the theme "Breaking the Barriers in Movement Science" and brought together experts and professionals from both national and international institutions, with a primary focus on sports and exercise topics in physiotherapy.

The pre-conference activities included an online paper presentation across various categories, including Undergraduate (UG), Postgraduate (PG), and Academician. Faculty and students from several colleges showcased their talents, and our team made remarkable contributions. Mrs. M. Malarvizhi, Assistant Professor, emerged victorious in the Academician category, securing the 1st prize for her outstanding paper presentation. Additionally, Mr. S. Ramkumar, Assistant Professor, attended the offline sessions and served as a judge for the poster presentations conducted at the conference. Meanwhile, Mrs. J. Philomina, Assistant Professor, along with Mrs. M. Malarvizhi, attended the online sessions.

The two-day conference proved to be an enriching experience for all attendees, providing valuable insights into the advancements in sports and exercise physiotherapy. The faculty expressed their gratitude to Dr. Jeyanthi. S, Principal, SVCOPT, for her continuous motivation and encouragement.

# Global Spotlight: Dr. Jeyanthi. S, honoured by the World Physiotherapy Congress



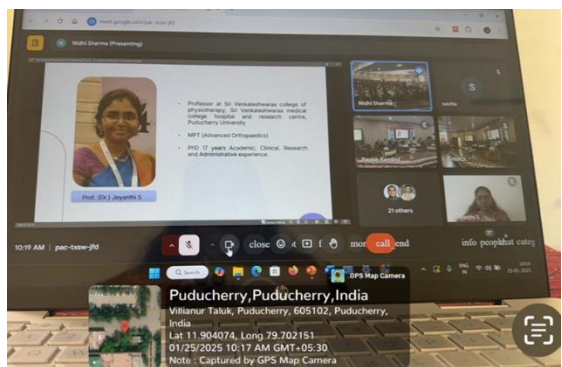
We are proud to announce that our esteemed Principal, Dr. Jeyanthi S., was selected and fully funded by the World Physiotherapy Congress, United Kingdom, to attend and present her research at the prestigious International Tokyo Forum, Japan, held from May 29 to 31, 2025. Out of applicants from across the globe, only 35 were successfully selected, and Dr. Jeyanthi S. was honored to be one among them. The comprehensive funding covered registration fees (\$1,000), airfare (\$700), accommodation, health insurance, and miscellaneous expenses.

Dr. Jeyanthi delivered a platform (oral/Paper) presentation and presented a poster, both emphasizing her interdisciplinary research that connects musculoskeletal and women’s health. Her work highlights the integration of physiotherapy approaches across specialties, promoting holistic and patient-centered care. During the forum, she had the invaluable opportunity to connect with fellow researchers sharing similar interests and to engage with international faculty members. As part of the Idobata Session, she participated in critical discussions on the challenges faced by researchers from low-income countries, exploring innovative solutions and practical ideas aimed at overcoming these barriers.

This international recognition and exposure mark a proud moment for our institution and a testament to Dr. Jeyanthi's dedication to advancing global physiotherapy research.



Dr. Jeyanthi S  
Chairs Scientific  
Session at Physio  
Research Summit  
‘25; SVCOPT  
Students Shine in  
Online  
Presentations



Dr. Jeyanthi S was invited to serve as the Chairperson for a scientific session in online mode during the prestigious Physio Research Summit ‘25, held on January 25, 2025. The summit was organized by the Maharishi Markandeshwar Institute of Physiotherapy and Rehabilitation, in collaboration with IQAC and the Research & Development Cell of Maharishi Markandeshwar University, Ambala, Haryana. The national-level conference brought together physiotherapy professionals and students from across the country, focusing on the latest research findings, clinical experiences, and innovative contributions to the field. The event featured a hybrid model of both online and offline presentations.

In the online Physio Hackathon, Prof. Paulraj Manickavelu from SVCOPT showcased an innovative project, while PG student Mr. Ajith Kumar presented his research work. PG second-year students from SVCOPT — Ms. Lakshmipriya, Ms. Suhara, Mr. Ajith Kumar, and Ms. Subapradha — actively participated in the online paper presentations. Notably, Mr. Ajith Kumar secured the 3rd Prize in the online paper presentation category, reflecting the high standards and research enthusiasm of the participating students. The summit emphasized collaboration, innovation, and academic excellence in physiotherapy research, offering valuable platforms for students and professionals alike to present,

learn, and grow in their fields.

"Our Faculty  
Serves as Resource  
Speaker at  
MGMCRI  
Physiotherapy  
Workshop"



An insightful workshop titled "Integrated Manual Therapy Concept in Orthopedic Conditions" was conducted at Mahatma Gandhi Medical College and Research Institute (MGMCRI). Mrs. M. Malarvizhi, MPT (Orthopedics), Assistant Professor at Sri Venkateshwaraa College of Physiotherapy, served as the esteemed resource person for the session. The workshop was organized by the Head of the Department of Orthopedic Physiotherapy at MGMCRI and held from 9:00 AM to 12:30 PM at D2 Hall, MGMCRI, Puducherry. The session commenced with a welcoming address by a postgraduate student, setting the tone for the day's proceedings.

Mrs. Malarvizhi conducted both theoretical and practical sessions focusing on advanced manual therapy techniques tailored for orthopedic conditions. The workshop aimed to enhance the clinical skills of final-year undergraduate students and first- and second-year postgraduate students in physiotherapy, providing them with practical insights into integrating manual therapy into patient care. Before the conclusion of the session, feedback was collected from the students. This formative assessment provided valuable insights into the effectiveness of the workshop and areas for improvement, ensuring that future sessions are tailored to meet the learning needs of the participants. The event

concluded with a momentum ceremony and the distribution of appreciation certificates to Mrs. Malarvizhi by the Principal of Sri Balaji Vidyapeeth College, acknowledging her contribution as the resource person and the workshop's success.

Faculty member  
takes global stage  
as a resource  
speaker at “Pulse  
25”



Prof. M. Paulraj was invited as a distinguished resource speaker at the International Physiotherapy Conference "Pulse 25", organized by the School of Physiotherapy, Sri Balaji Vidyapeeth (SBV), Puducherry, on May 23, 2025. The conference, held under the theme "Empowering Physiotherapists in Emergency Care," brought together experts and professionals from across the field.

Prof. M. Paulraj delivered an insightful special talk on "Emerging Trends in Physiotherapy," which was met with high appreciation from both the organizers and attending delegates. His presentation shed light on recent advancements and future directions in the field, inspiring meaningful discussions among participants. In recognition of his valuable contribution, Prof. M. Paulraj was honored with a memento and a certificate of appreciation, presented by Prof. E. Shanmugananth, Principal, School of Physiotherapy, SBV. The event highlighted the evolving role of physiotherapists in emergency care, serving as a platform for knowledge exchange and professional growth.



# SVCOPT Tuesday Series: Engaging Minds, Inspiring Growth

## Student-Teacher Interaction Zone (February Edition)



On February 4, 2025 — The February edition of the Student-Teacher Interaction Zone was held on Tuesday, 4th February 2025, at the Mary McMillan Hall. The interactive forum served as a platform for vibrant dialogue between students and faculty, fostering collaboration and transparency within the academic community. Key topics discussed during the session included the recently concluded national workshop on research grant writing, updates and planning for Trio Fest, and recognition of student and staff achievements. Highlights also featured publication milestones, updates on the institutional newsletter, certificate distribution, and the formation of the Student Grievance Cell aimed at addressing student concerns more effectively.



The principal, graced the event and honoured faculty and students for their noteworthy accomplishments. The interactive session concluded with an open forum where student queries were addressed, reflecting the institution’s commitment to open communication and continuous

improvement. The event was efficiently coordinated by Mrs. J. Dharani, Assistant Professor, with active support from final-year student coordinators: Yogash, Sherlin, Roshini, Sridurga, Archana, and Kathiravan.

## Student-Teacher Interaction Zone (March Session)



On March 4, 2025 — The March session of the Student-Teacher Interaction Zone was successfully conducted on Tuesday, 4th March 2025, at the Mary McMillan Hall, fostering open dialogue between students and faculty to discuss academic progress and institutional activities. The session featured discussions on a wide range of topics, including updates on the Scientific Forum, the Student Activity Conclave, and the promotion of Evidence-Based Clinical Practice. Highlights also included insights from the recent Seminar on Global Skill Development, preparations for the upcoming national conference “SVNOG PHYSIOCON 25”, and a webinar on sample size calculation. Additionally, the event recognized notable faculty and student achievements, academic publications, and the distribution of certificates for various academic and co-curricular activities. Importantly, the session also addressed and followed up on actions taken in response to student grievances, reinforcing the institution's commitment to transparency and student welfare.

Dr. Jeyanthi. S, Principal, honoured both faculty and students for their significant accomplishments and engaged with attendees by addressing their queries during the interactive session. The event was coordinated by Mrs. J. Dharani, Assistant Professor, with seamless support from the final-year student coordinators: Dharshini, Ramanaprasath, Saam Sanjay, Arun Vishnu Varadhan, and Gnaneshwari Asika.



## Scientific Forum (February)



On February 11, 2025 — The Scientific Forum of Sri Venkateshwaraa College of Physiotherapy held its much-anticipated session for the current academic semester on the second Tuesday, February 11, 2025. The event took place at Mary Macmillan Hall, 6th Floor, and served as an engaging platform for faculty and students to share research findings and gain valuable feedback. Organized under the leadership of Mrs. G. Subalakshmi, Assistant Professor, and guided by Scientific Forum Instructor Prof. M. Paulraj, the event was coordinated with the support of final-year student coordinators. The highlight of the forum was a keynote lecture by Dr. Jeyanthi, Professor, on the theme “Research Series: 1 – How to Identify Research Gaps & Formulate Research Questions.” This session laid a strong foundation for aspiring researchers by covering essential topics, including an introduction to research, sources for literature search, research question framing, research types, and sample size calculation. The session witnessed active participation from faculty members and students from the third year, final year, and postgraduate programs. The event commenced with a welcome address, followed by the scientific session led by the speaker. An engaging interactive segment allowed students and faculty to exchange ideas and clarify doubts, fostering a collaborative academic environment. The Scientific Forum continues to support the development of future physiotherapy researchers by clarifying their roles and responsibilities and enhancing the overall research process. The forum is committed to promoting current and future research directions while encouraging knowledge sharing and academic networking. The event concluded with a formal vote of thanks on behalf of the organizing committee, marking yet another successful session in the ongoing series of academic and professional enrichment activities.

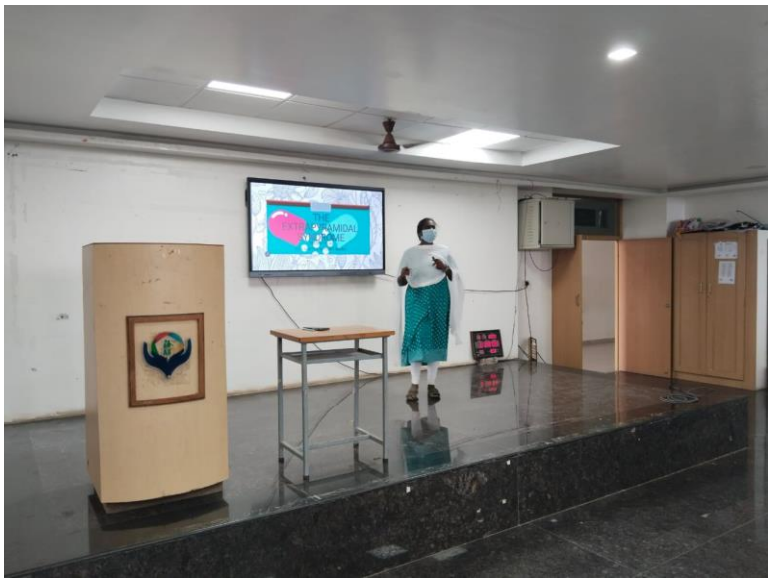
## Scientific Forum (March)



On March 13, 2025 — The monthly Scientific Forum, organized by Sri Venkateshwaraa College of Physiotherapy, Puducherry, was successfully held on Tuesday, March 13, 2025, at Mary MacMillan Hall, 6th Floor of the college premises.

As part of its regular schedule—conducted every second Tuesday of the month—the forum continues to serve as a vital platform for faculty to present research findings and engage in academic exchange with students. Under the esteemed guidance of Prof. Dr. S. Jeyanthi, Principal of the institution, the March session was organized by Mrs. G. Subalakshmi, Assistant Professor, with support from Scientific Forum instructor Prof. M. Paulraj and final-year student coordinators. The highlight of the session was a compelling keynote lecture by Mrs. J. Dharani, Assistant Professor, titled “Role of Physiotherapy in Burns & Its Advancement.” The presentation delved into critical areas including the physiology of burns, assessment techniques, traditional treatment approaches, and recent evidence-based advancements in burn rehabilitation. Third- and final-year students, along with faculty members, actively participated in the session. A lively interactive segment followed the lecture, facilitating a rich exchange of ideas between students and faculty. The session not only deepened academic understanding but also encouraged budding physiotherapists to engage with current research and clinical practices. The forum concluded with a formal vote of thanks on behalf of the organizing committee, marking the end of another successful step toward fostering scientific inquiry and professional development within the physiotherapy community.

## Scientific Forum (April)



The monthly Scientific Forum, held under the auspices of Sri Venkateshwara College of Physiotherapy, took place on Tuesday, April 29, 2025, at Mary MacMillan Hall, 6th Floor. This recurring academic initiative, conducted on the second Tuesday of every month, continues to foster a spirit of knowledge sharing and interdisciplinary collaboration among faculty and students. Organized under the direction of Prof. Dr. S. Jeyanthi, Principal of the institution, the event was meticulously coordinated by Mrs. G. Subalakshmi, Assistant Professor, with guidance from the Scientific Forum instructor, Prof. M. Paulraj, and final-year student coordinators. The forum featured a keynote scientific session titled “Extrapyramidal Syndrome and Its Management,” delivered by Ms. S. Savitha, Assistant Professor. Her lecture offered a comprehensive overview of the syndrome, covering its introduction, causes, risk factors, and recent advancements in management strategies. The session was both insightful and thought-provoking, prompting active engagement from attendees. Faculty members and students from the third and final year participated enthusiastically, contributing to a lively and enriching discussion following the lecture. The interactive session served as a valuable platform for clarifying concepts, exchanging ideas, and strengthening academic dialogue. The forum concluded with a formal vote of thanks on behalf of the organizing committee, acknowledging the efforts of all contributors and reaffirming the event's commitment to academic excellence and continued learning.



## Student Activity Conclave (February)



February 19, 2025 — The Student Activity Conclave (SAC) at SVCOPT was successfully held on February 19, 2025, offering students a unique platform to explore and showcase their extracurricular talents. Organized by Ms. A. Kirthiga, Assistant Professor, the event brought together vibrant participation from second to final-year students. The conclave centered around “Cognitive Task Analysis,” aiming to sharpen students’ mental agility, enhance problem-solving skills, and improve memory retention. The day featured engaging activities such as Traffic Jam, Human Knot, and Untethered Rope, encouraging teamwork and critical thinking. Welcoming the gathering, SAC student coordinator Mr. Yogaish M. extended warm greetings, setting a positive tone for the event. Final-year students Akshara K.B., Archana S.,

Rajaganapathi S., Yogaish M., and Kaoushik served as student coordinators, managing the activities and ensuring smooth proceedings. The competitions concluded with notable winners: Third Year: Ashwanth, Reyaz, Navin, Lingesh, and Sasi, Fourth Year: Avani, Dharshini, U. Nisma Parveen, Gayathri, and Yuvanisha. Archana S. expressed gratitude to all student participants and organizers for their enthusiasm and commitment, highlighting the success of the conclave in fostering collaborative learning and talent discovery.

## Student Activity Conclave (March)



March 18, 2025 — Our institution recently hosted the much-anticipated Student Activity Conclave (SAC), an event dedicated to uncovering and nurturing students’ hidden talents in extracurricular pursuits. Initiated by Prof. Dr. S. Jeyanthi and expertly organized by Ms. A. Kirthiga, Assistant Professor of SVCOPT, the conclave proved to be an



engaging and enriching experience for all participants. The event was coordinated by the final-year SAC student coordinators — Akshara KB, Archana S, Rajaganapathi S, and Yogaish. The session commenced with a warm welcome address by Mr. Yogaish, setting an enthusiastic tone for the day’s activities. This year’s SAC centered on the innovative “Synchro-Balance Challenge,” designed to enhance neuromuscular coordination, joint proprioceptive awareness, mental agility, and concentration among students. Participants engaged in four exciting activities that tested their synchronization and balance skills: Water Cup Transfer Challenge, Ball Crossover Task, Ball Transfer with Wand, Balancing One Individual Over Another.

The competitive spirit was alive as students from various semesters took part, showcasing impressive teamwork and skill. Winners were announced as follows: 3rd Year (5th Semester): Sabari & Naveen, Final Year (7th Semester): Jayashree, Poongodie, Pretheka, Nithyasree, Akalya, Final Year (8th Semester): Nisma Parveen. The event concluded with heartfelt closing remarks by Archana S, who expressed gratitude to all student participants and organizers for their enthusiastic involvement, underscoring the importance of such activities in holistic student development.

## Evidence-Based Practice (February)



On February 25, 2025, Sri Venkateshwaraa College of Physiotherapy (SVCOPT) successfully conducted an Evidence-Based Practice session focusing on “Neurological Rehabilitation Strategies for Spinal Decompression Patients.” The lecture was delivered by Ms. Suvetha, Tutor cum Clinical Physiotherapist, who provided valuable insights and updated clinical approaches to final-year and pre-final-year physiotherapy students. The session emphasized modern rehabilitation techniques aimed at improving

patient outcomes following spinal decompression surgeries. The event was coordinated by Mr. T. Bharaneedharan, Clinical Incharge at SVCOPT, ensuring a well-organized and informative learning experience for all attendees.

## Evidence-Based Practice (March)



On March 26, 2025, Sri Venkateshwaraa College of Physiotherapy (SVCOPT) hosted an insightful session as part of their Evidence-Based Practice month. The lecture, titled “Physiotherapy Intervention after Equinus Contracture Release,” was delivered by Ms. R. Keerthiga, Tutor cum Clinical Physiotherapist at the institution. The informative lecture was aimed at final-year and pre-final-year physiotherapy students, providing them with an in-depth understanding of post-surgical rehabilitation strategies and evidence-based approaches in managing equinus contracture release cases. The event was efficiently coordinated by Mr. T. Bharaneedharan, Clinical Incharge at SVCOPT, ensuring smooth conduct and active student participation.



# Professional Growth of Faculty through Development Programs

## FDP at Sri Guru Tegh Bahadur Khalsa College, University of Delhi

Faculty Member of SVCOPT Successfully

Completes NEP 2020 Orientation Under Malaviya Mission Teacher Training Program Puducherry, April 2025: Mrs. Malarvizhi, Assistant Professor at Sri Venkateshwaraa College of Physiotherapy (SVCOPT), has completed the NEP 2020 Orientation and Sensitisation Programme held from 2nd April to 10th April 2025. This prestigious program was conducted under the Malaviya Mission Teacher Training Programme initiated by the University Grants Commission (UGC). The orientation aimed at equipping faculty members with a comprehensive understanding of the National Education

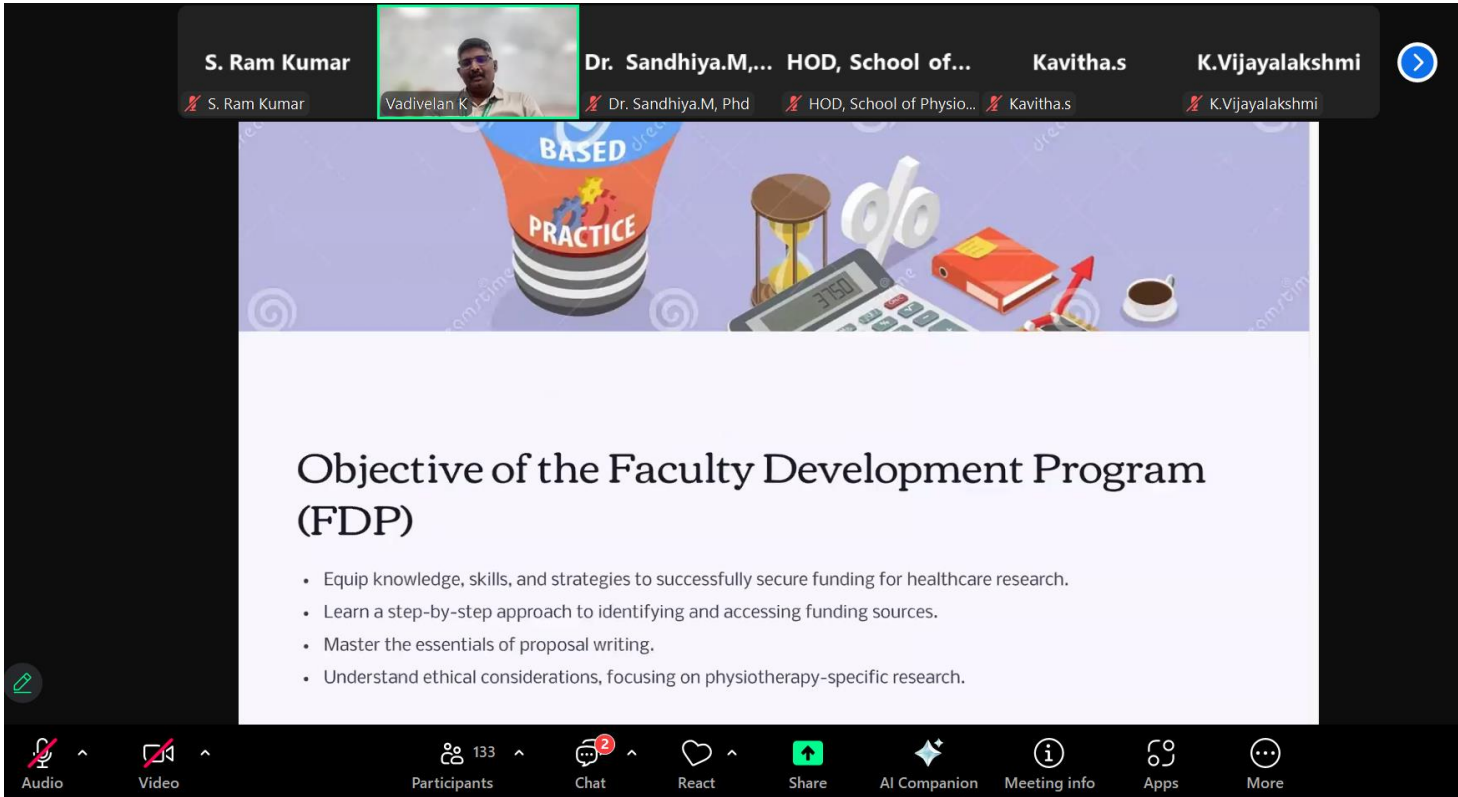
Policy (NEP) 2020 and its practical implementation in higher education. The program was organized by UGC-MMTTC (GAD-MMTTC), hosted by Sri Guru Tegh Bahadur Khalsa College, University of Delhi. It featured expert-led sessions focusing on key areas of NEP 2020, such as holistic and multidisciplinary education, academic flexibility, skill development, and digital empowerment. Mrs. Malarvizhi was awarded a certificate of completion, recognizing her active participation and successful understanding of the core components of the policy framework.

## FDP at Sri Balaji Vidyapeeth, Puducherry

Faculty Member Enhances Expertise Through National FDP on Stroke Rehabilitation Puducherry, April 18, 2025 — Mrs. M. Malarvizhi, Assistant Professor at Sri Venkateswara College of Physiotherapy, has completed a 14-day Online Faculty Development Programme (FDP) titled “A to Z from Physiotherapy to Stroke”, organized by the

Department of Neurological Physiotherapy, School of Physiotherapy, Sri Balaji Vidyapeeth, Puducherry. The program, conducted from 1st to 17th April 2025, aimed to upgrade academic and clinical knowledge related to comprehensive stroke management and the evolving role of physiotherapy in neurorehabilitation. It featured expert lectures, interactive discussions, and evidence-based practices tailored for faculty members across India. This initiative reflects a growing commitment to continuous professional development in the field of physiotherapy education and stroke care. Mrs. Malarvizhi's active participation demonstrates her dedication to academic excellence and her drive to bring the latest advancements to her students and clinical practice.

## FDP at Vels Institute, Chennai



The School of Physiotherapy at Vels Institute, Chennai, organized a Faculty Development Program (FDP) on the theme “Advancing Academic Excellence through Research, Intellectual Property, Mental Health, and Commercialisation” from May 5th to 9th, 2025. From our institution, Mr. T. Bharaneedharan (Clinical Incharge), Mrs. M. Malarvizhi, and Mr. S. Ramkumar (Assistant Professors) actively participated in this enriching one-week program. We extend our sincere gratitude to our respected Principal, Dr. Jeyanthi. S, for her support and encouragement in facilitating our faculty’s participation in this FDP aimed at academic and professional growth.



SVCOPT Publication for Past Six Month (Jan to June 2025)

➤ S Ramkumar, Velmurugan Sivakumaran. A comparative study on the effectiveness of Schroth-based exercise versus theraband exercise along with modified classical yoga in treating postural kyphosis among college students. International Journal on Science and Technology (IJSAT). January-March 2025; 16 (1): 1-12. DOI 10.71097/IJSAT.v16.i1.2506.

➤ Agarwal V, S Jeyanthi, Sharma A. Efficacy and safety of high-density LED irradiation therapy for patients with hand osteoarthritis: a single-center clinical study. Ann Rehabil Med. 2025 Feb;49(1):1-9. doi: 10.5535/arm.. 240063.

➤ J. Dharani, Jeyanthi. S A case study on management of lumbar disc desiccation. Int J Phys Educ Sports Health (IJPESH). 2025;12 (2):158-161.doi:10.22271/kheljournal.2025.v12.i2.c.3713. Received: 23-01-2025; Accepted: 26-02-2025.

➤ Kirthiga. A, S. Selvaganabathy, K. Gnanasekar. Effect of Sling Open Chain Knee Extension Exercise on Q-Angle and Jumping Performance among College Volleyball Players. Physio. and Occ. Therapy Jr. 2025; 18(1): 63-70.

➤ J. Subapradha, Dhanalakshmi D, Jeyanthi S, Dharani J. Unveiling the dance of strength: plyometric exercise as a catalyst for lower extremity function in Bharatanatyam. Int J Sci Technol (IJSAT). 2025 Jan-Mar;16 (1):1-9.2025.

➤ Philomina Kennedy J, Jayabalan K. Effectiveness of transcutaneous tibial nerve stimulation on urinary incontinence among individuals with type II Diabetes mellitus. Int J Sci Technol (IJSAT). 2025 Jan-Mar;16 (1):19-25.

➤ Dr.S.Jeyanthi, Lakshmipriya. V, Suhara. Correlation of earpods usage and Sleep quality among young adults with PCOS. Journal of clinical and diagnostic research; March 2025, volume 19.

➤ Manickavelu P, Subapradha J. Effectiveness of Constraint Induced Movement Therapy on Lower Limb Function in Monoplegia: A Case Study. J Clin Diagn Res. 2025 Mar;19(Suppl 01):135. doi:10.7860/JCDR/2025/00000.00000.

➤ Dr. S. Jeyanthi, Suhara, S, and Lakshmipriya.V. Effectiveness of task-oriented aerobic exercise along with sensory integration on aerobic capacity, sensory profile, and attention in ADHD children - Randomized controlled trial. Journal of clinical and diagnostic research; March 2025, volume 19.

➤ Bharaneedharan. T, Kavibharathi. M Kaleeswaran. P. Effectiveness of Plyometric Training and Bosu Ball Training on Agility, Speed, and Balance among the Volleyball Players. International Journal of Health Sciences and Research, Vol. 15: Issue 4: April 2025.

➤ Ajithkumar A, Jeyanthi S, Subapradha J, Santhosh S. Effectiveness of back squat training with plyometric exercise program on leg power and sprint performance in young adult sprinters. Int J Sci Technol (IJSAT). 2025 Apr-Jun;16(2):1. Available from: <http://www.ijSAT.org>

➤ M. Malarvizhi, Revathi Pandurangan, Effect of Schroth Therapy on Postural Kyphosis among Female Adolescents. International Journal of Research and Analytical Reviews, Vol. 12: Issue 2: April 2025.

➤ S. Ramkumar, Bharaneedharan T., Dharshini Chittybabu. A comparative study on the effectiveness of Mulligan bent leg raising vs slump stretching along with swd in mechanical low back pain. International Journal of Current Science Research and Review, 8(5), pp. 2179-2183.

➤ M Malarvizhi, Milton, S Ramkumar. Prevalence of musculoskeletal disorders among table tennis players in Puducherry. International Journal of Multidisciplinary Research and Growth Evaluation, 8 (3), May - June 2025, pp. 2000-2002.

➤ Subashini, Ms.A. kirthiga, S. Suhara. High speed resistance training Vs low speed resistance training on functional capacity and muscle performance among postmenopausal women; International Journal of Current Science Research and Review, ISSN: 2581-8341 Volume 08 Issue 05 May 2025.

➤ Suhara, Lakshmipriya V, and Dr. Jeyanthi S. Effect of Russian current along with structured exercise in improving knee ROM, isometric muscle strength, and functional status following ACL reconstruction; May 2025; volume 08.

➤ Savitha S, Kirthiga A, Sathishwari S. Effectiveness of Vestibular Rehabilitation for Diabetic Patients in Improving Balance and Quality of Life. DOI: 10.47191/ijesrr/V8-i5-28, Page No. 2192-2199.

➤ Subashini. A, A. Kirthiga, S. Suhara. High-speed resistance training vs. low-speed resistance Training on Functional Capacity and Muscle Performance among Post women. DOI: 10.47191/ijesrr/V8-15-32.

➤ Dr. Jeyanthi S and Ms. Aruna A were awarded copyright for their work titled "Phase-wise Physiotherapy Protocol for TFCC" on April 24, 2025. This publication represents a significant contribution to the field of physiotherapy, offering a structured and evidence-based approach to the rehabilitation of Triangular Fibrocartilage Complex (TFCC) injuries. **(Copyright Publication)**

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