

PHYSIO PULSE

NEWSLETTER

“GRADUATION DAY”

On the 25th of July, 2024, Sri Venkateshwaraa College of Physiotherapy (SVCOPT) celebrated the graduation day for the 7th



Picture Caption: Proud moment! Celebrating the achievements of our graduating MPT & BPT students at Sri Venkateshwaraa College of Physiotherapy.

batch of Master of Physiotherapy (MPT) and the 9th batch of Bachelor of Physiotherapy (BPT) students. The event was graced by the esteemed presence of the chief guest, Dr. G. Sriramulu, M.S., Director of the Directorate of Health and Family Welfare Services, Puducherry. The grand occasion was presided over by the Chairman of Sri Venkateshwaraa Group of Institutions, Shri. B. Ramachandhiran, along with the Founder Trustee, Shmt. Radha Ramachandhiran.

The ceremony commenced at 3:00 PM with a grand graduation procession. The dignitaries initiated the event with the traditional lighting of the kuthuvilakku, followed by an invocation. Shmt. Radha Ramachandhiran, the Founder Trustee, officially declared the graduation day open.



Our Chairman Sir honored the chief guest, Dr. G. Sriramulu, M.S. The chief guest then addressed the audience, emphasizing the importance of dedication and responsibility in the healthcare profession. This was followed by the presentation of the annual report by the Principal of SVCOPT, Prof. Dr. K. Anand Babu, highlighting the achievements and progress of the institution over the past year.



In a moment of pride, the newsletter **Physio Pulse**, and the annual magazine **Physio Vivid 2024**, were released. The highlight of the event was the awarding of medals and cash prizes to the college toppers. From the **MPT program**, **Mrs. J.**

Philomina received a gold medal and a cash prize of **Rs. 10,000** for securing the **1st rank**, while **Mrs. J. Dharani** was awarded a **silver medal** and **Rs. 7,000** for the **2nd rank**. In the BPT program, **Miss. D. Sinthala Saranya** earned the **gold medal** and a cash prize of **Rs. 10,000** as the **1st rank holder**, and **Miss. G.B. Lakshna** received the **silver medal** and **Rs. 7,000** for the **2nd rank**. **Miss. R. Rajalakshmi** received the **Best Intern award**.

The degrees were conferred upon the graduates by the Chief Guest. The graduates took an oath, pledging to uphold their responsibilities with utmost respect and diligence.

This was followed by the presidential address given by our chairman sir, who inspired the graduates to strive for excellence in their professional lives.

Prof. M. Paulraj concluded the event with a vote of thanks, expressing gratitude to all those who contributed to the success of the event.

The ceremony concluded with the national anthem and a photo session, wrapping up the memorable occasion by 5:30 PM.

The graduation day celebration was a testament to the hard work and dedication of the students and faculty of SVCOPT, marking the beginning of a new chapter in the lives of the graduates.

Alumni Link-Up

On the occasion of the 5th alumni meet 2024 July 25th from 9.30 Am to 12.00 pm at MaryMc Millan Hall, SVCOPT. Our



alumni from the 2010 and 2023 batches enthusiastically participated, guided by Principal Prof. K. Anand Babu. UG, PG alumni, and all our Associate, Assistant professors participated actively.

Our Academic advisor Dr. R. Venguattaramane is the chief guest of the program. The program started with a welcome address, followed by Mrs. J. Dharanee Assistant Professor discussed the minutes of last alumni meetings, roles and responsibilities of alumni committee members, followed that



the new election was conducted by alumni election officer Mr. T. Bharaneedharan (Clinical Incharge). We have elected by voting system the new office Committee members are **President** – Mr. R. Harish (2018 Batch), **Vice President** – Mrs. J. Philomina (2015 Batch), **Secretary** – Mrs. G. Suganthi (2016 Batch), **Treasurer** – Ms. S. Varshaa (2018 Batch), **Executive Members** – Mrs. M. Malarvizhi (2010



Batch), Mrs. R. Rasathi (2010 Batch), Mrs. J. Dharani (2016 Batch), Ms. R. Keerthiga (2018 Batch) Ms. Haifa Reeham (2018 Batch).

Finally, the event concluded with a token of appreciation presented by the principal and a vote of thanks delivered by Mr. T. Bharaneedharan, (Clinical Incharge). Overall the event was organized by Mrs. M. Malarvizhi Assistant Professor, Mr. S. Ramkumar Assistant Professor, and Mrs. D. Dhanalakshmi Assistant Professor.

A Understanding the Human Movement
(Hands on Mastery)



Picture Caption: "A token of appreciation. Dr. R. Venguttaramane and our Principal honored our esteemed resource person with a memento."

The workshop on **UNDERSTANDING THE HUMAN MOVEMENT- THE BASIC** was organized by SVCOPT on 4th October 2024, 6th floor at Mary Mc Millan Hall. The resource person was **Dr. Ravi Ranganathan**, director and founder of Pain & Stroke rehab center, Chennai.

The formal inauguration was started around 10 am. **Prof. Dr. K. Anand Babu**, honour our Resource person Dr. Ravi Ranganathan. The session was started around 10 am with speaker introduction.

The session started with the introduction of Human Movement. A brief explanation was given about the movements. Mrs. J. Dharani, Assistant Professor welcomed the gathering. Then he moved on to the activity part, in which he taught how to evaluate the normal functional movements.

The resource person shared his experience and case scenario. The participants were grouped as two, movement related task were given.

The program concluded successfully with Our **Advisor Head Dr. R. Venguttaramane** honored our resource person with memento and he delivered speech about the workshop. Our principal, Resource person & Advisory head gave the Appreciation Certificate for workshop Co-Ordinated by **Mrs. J. Dharani**, Assistant Professor. Participation Certificate were given to students. Finally, vote of thanks were given. The event ended with a group photo.

Knowledge Fest

This special edition recaps the highlights from our successful event on **“CONCEPT OF PLYOMETRICS TRAINING IN SPORTS”** The 24th symposium was conducted by SVCOPT on 10th of October 2024, 6th floor at Mary Mc Millan Hall. The resource person was **Dr. Perooru Rupesh**, Founder, exercise doctor at Chennai. The formal inauguration was started around 10 am. **Prof. Dr. K. Anand Babu** honored our Resource person. Then the session was handover with speaker introduction. The session started with the introduction of Plyometrics and its importance on field. Followed by an interactive and engaging practical session was done to improve practical skills and knowledge on specific training and outcome. Students of both UG and PG were participated actively.



Picture Caption: Involve students directly in the learning process. This could include experiments, simulations, role-playing, or practical exercises.

The program concluded successfully with Our **Advisory Head, Dr.R.Venguttaramane** honoured our resource person with memento and he delivered speech about the workshop. Official renewal of memorandum of understanding signing ceremony was facilitated by Prof. Paulraj. Resource person & Advisory head gave the Appreciation Certificate for organizing the 24th symposium to **Mrs.G.Subalakshmi**, Assistant Professor. Participation Certificate was given to students. Finally, session end up with feedback session from UG & PG students, vote of thanks were given.

Global Alliance Declaration

Bedong, Malaysia – 5th August 2024 – In a groundbreaking move for the Sri Venkateshwaraa Group of Institutions (SVGI) from Puducherry, India, Sri



Venkateshwaraa College of Physiotherapy (SVCOPT) and AIMST University Malaysia have unveiled a visionary partnership. The Memorandum of Understanding (MOU), signed on 5th August 2024 at AIMST University, heralds a new era of innovation and collaboration in physiotherapy education and research. This landmark agreement was realized through the visionary leadership of Sri B. Ramachandiran, Chairman of SVGI, Shri A. R. Rajiv Krishna, Managing Director of SVGI, and the strategic oversight of Dr. B. Vidhya, Chief Operating Officer of SVGI.

This pioneering MOU sets the stage for a robust collaboration between the two institutions, focusing on revolutionary areas such as joint research initiatives, academic exchanges, and cutting-edge training programs. By combining their strengths, SVCOPT and AIMST University are poised to drive significant advancements in the field.



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"Grand Inaugural Ceremony - Welcomes 15th Batch of BPT Students"



Inauguration program 2024, for 15th batch of BPT held on 13th September 2024 at Mary Mc Millan Hall, SVCOPT campus. Chief Guest - Chairman and founder trustee along with COO, Advisory head, Deputy General Manager, and Special officer graced this occasion.

The inaugural event began with Thamizh Thaai Vaazhthu honoring Tamil heritage. This was followed by a vibrant welcome dance that set an enthusiastic tone on this occasion. The Welcome address was delivered by Mrs. Philomina, Assistant professor, who warmly greeted the chief guest and attendees.

The chief guest, the chairman, delivered an inspiring speech highlighting the institution vision and achievements.

In this event, the chairman rewarded the faculties of SVCOPT for academic contributions and obtaining university rank in current batches. Rank holders of each batch and 100 percent attendance in each semester receive tokens of appreciation from the chairman.

The program concluded with a vote of thanks delivered by Prof. Dr. Jayanthi .S, who expressed gratitude to all chief guest and attendees for making the event a success.

The MOU was formally signed by **Prof. Dr. Kathiresan V. Sathasivam**, Vice-Chancellor of AIMST University, and **Prof. K. Anand Babu**, Principal of Sri Venkateshwaraa College of Physiotherapy. **Prof. Dr. Yu Chye Wah**, Dean of the Faculty of Allied Health Professions, graciously welcomed the distinguished gathering. The momentous event was skilfully facilitated and witnessed by **Dr. Kshtrashal**, Deputy Dean of the Faculty of Allied Health Professions at AIMST University, and **Prof. Paulraj Manickavelu** from SVCOPT, Puducherry India. **Prof. Anand Babu expressed his excitement about the new alliance:** “This partnership marks a pivotal moment for both institutions. The MOU not only symbolizes our shared vision for advancing physiotherapy education and research but also represents a commitment to innovation. Together, we will redefine the

standards of training and research in our field.” **Prof. Kathiresan commented on the significance of the collaboration:** “Our MOU with Sri Venkateshwaraa College of Physiotherapy is more than a formal agreement—it’s a commitment to pioneering advancements in physiotherapy. Key components of the MOU include collaborative research on advanced physiotherapy techniques, dynamic exchange programs for students and faculty, and interactive workshops designed to foster innovation. Both institutions are dedicated to merging their resources and expertise to drive forward-thinking solutions in physiotherapy. The ceremony concluded with a vibrant reception where attendees explored the future impact of this partnership and discussed potential collaborative ventures.

Global Immersion Program Enriches Students with Cross-Cultural and Professional Experiences

Sri Venkateshwaraa College of Physiotherapy, Puducherry, India,



recently participated in the Global Immersion Program at AIMST University in Bedong, Kedah, Malaysia. Held from August 5 to August 16, 2024, the program was orchestrated by the School of Physiotherapy, Faculty of Allied Health Professions, and aimed to provide an immersive learning experience in advanced physiotherapy techniques and international collaboration. The program began with an orientation session, offering participants an introduction to the program structure and cultural norms, followed by campus tours and ice-breaking activities to build community and enhance communication skills

among students. The curriculum included in-depth sessions on men's and women's sexual health physiotherapy, both theoretical and practical, allowing students to develop hands-on skills in managing sexual health issues. Participants also gained valuable insights into local history and culture through visits to the Bujang Valley and Penang and engaged in physical activity with a hike up Gunung Jerai, complemented by a relaxing beach visit. Educational visits to the Anatomy Dissection Hall and Museum, as well as Hospital Sultanah Bahiyah, provided students with exposure to various medical



environments and an understanding of

the local healthcare system. Practical workshops, including CPR training, added to the professional development opportunities.



The program concluded with leisure activities at C-Mart & Central Square, where students interacted with local vendors and experienced Malaysian culture firsthand, culminating in a closing ceremony with a quiz, certificate presentation, and feedback session. The successful completion of the Global Immersion Program reflects the students' commitment to cross-cultural learning and international collaboration.

The program was meticulously coordinated by Dr. Komala and Dr. Tharushini from AIMST University, with organizational oversight from Deputy Dean Dr. Kshtrashal Sing, Prof. Anand Babu, and Prof. Paulraj from Sri Venkateshwaraa College of Physiotherapy. This initiative underscores the importance of global exposure in enhancing both academic and professional growth for students in the field of physiotherapy.

OUR FACULTY AS A RESOURCE SPEAKER

Prof. K. Anand Babu and Prof. Paulraj Manickavelu Serve as Resource Speakers at "Bio-Mech Synergy 2k24"

On 26th October 2024, our esteemed faculty members, Prof. K. Anand Babu, and Prof.



Paulraj Manickavelu were invited as resource speakers at the 2nd State-Level Conference, "Bio-Mech Synergy 2k24." The

conference, which brought together experts and enthusiasts from biomechanics, focused on exploring the complexities of upper and lower limb biomechanics. Both professors shared their valuable insights and research findings on the intricate dynamics of human movement, highlighting the importance of understanding biomechanics in rehabilitation and sports. Their contributions provided insight into the challenges and advancements in studying limb movements, emphasizing the relevance of biomechanics in improving

performance, preventing injuries, and advancing rehabilitation. The conference was a significant platform for knowledge exchange, with nearly 600 delegates from in and around Tamil Nadu participating and giving positive feedback on the session.



Vinayaka Mission Honors Prof. Paulraj for Outstanding Contribution as a Resource Speaker

Puducherry, September 27, 2024: School of Physiotherapy, Vinayaka Mission's Research Foundation - Deemed to be University, Puducherry Campus, organized the Finishing School Program-2024 from September 25-28, 2024. The event aimed at enhancing the skills and knowledge of participants.



Prof. Paulraj, a distinguished expert, served as a resource person for the topic "Career as a Physiotherapist." His insightful session received overwhelming appreciation from the attendees. The Organizing Committee, led by Dr. P. Seethalakshmi (Organizing Secretary) and Dr. K.S.I. Muralisankar (Organizing Chairperson), expressed heartfelt gratitude to Prof. Paulraj for his remarkable service. A Certificate of Appreciation was awarded to acknowledge his valuable contribution. His expertise and passion for physiotherapy inspired the participants, providing them with valuable career guidance. His involvement significantly enriched the program.

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Guest Speakers Mrs. J. Philomina and Mrs. J. Dharani Empower Students at New Millennium School, Cuddalore



On September 6, 2024, Mrs. J. Philomina and Mrs. J. Dharani, Assistant Professors at SVCOPT, were invited as guest speakers at New Millennium School in Cuddalore to address students on the vital topic of Personality Development. The session, which captivated the attention of 150 enthusiastic students, focused on personal development, healthier lifestyle choices, and understanding student psychology for a better future.



The two esteemed faculty members delivered insightful keynotes that emphasized the importance of self-growth, mental well-being, and maintaining a balanced lifestyle to succeed in both personal and academic pursuits. Their engaging presentation provided the students with practical tips and strategies for self-improvement and achieving a fulfilling life.

Our faculty Prof. Paulraj Manickavelu Delivers Keynote on “Hip Biomechanics in Patients with LBP” at World Physiotherapy Day CPD Program 2024.



Puducherry, September 6, 2024 — On World Physiotherapy Day 2024, Prof. Paulraj Manickavelu was honoured as a Resource Speaker at the Continuing Professional Development (CPD) program organized by the School of Physiotherapy at Sri Balaji Vidyapeeth. His keynote lecture, titled **"Hip Biomechanics in Patients with LBP: Unlocking the Secrets,"** offered an in-depth examination of the complex relationship between hip mechanics and chronic low back pain (LBP).

Prof. Paulraj highlighted how abnormalities in hip function can exacerbate LBP and stressed the importance of a comprehensive understanding of hip and back biomechanics for improving patient outcomes. He introduced innovative diagnostic methods for assessing hip biomechanics and discussed evidence-based treatment approaches that integrate physiotherapy, exercise, and lifestyle modifications. The session concluded with an engaging Q&A, where participants delved into real-world applications and case studies. The event, attended by professionals and students from various institutions, was well-received for its informative and interactive nature.

At the end of the program, Prof. Paulraj was presented with a memento by the Head of the School of Physiotherapy, recognizing his significant contributions to the field and his role in advancing the understanding of chronic low back pain. This CPD program not only celebrated World Physiotherapy Day but also highlighted the ongoing commitment to professional development and knowledge sharing in the field of physiotherapy.



FLAIR 2024: The 8th International Physiotherapy Conference

The **8th International Physiotherapy Conference, Flair 2024**, was held on the 7th and 8th of November, bringing together over 700 participants, including researchers, experts, and students from the field of physiotherapy. Attendees from across the globe, including regions such as **Malaysia, Maharashtra, New Delhi, Karnataka, Tamil Nadu, and Puducherry**, actively participated in the conference, engaging in insightful discussions and sharing the latest advancements in physiotherapy.

The event started with a formal inauguration, graced by the esteemed presence of **Dr. Supriya K. Vinod**, Principal of MTPG & RIHS, Puducherry, as the chief guest. The event was presided over by **Shri B. Ramachandhiran**, Chairman, and led by **Shmt. Radha Ramachandhiran**, Founder Trustee of Sri Venkateshwaraa Group of Institutions. Guest of Honor by **Dr. B. Vidhya**, Chief Operating Officer, SVGI, and felicitated by **Dr. R. Venguttaramane**, Academic Advisor, SVGI. The dignitaries marked the beginning of the event with the traditional lighting of the **Kuthuvilakku**. The gathering was welcomed by Organizing Chairman **Prof. Dr. K. Anand Babu**, Principal of SVCOPT, and Organizing Secretary, **Prof. Paulraj Manickavelu**, who gave a brief overview of previous Flair conferences. The dignitaries addressed the gathering. Followed by **Prof. Dr. S. Jeyanthi** concluded the ceremony with a heartfelt vote of thanks.

The first scientific session of Flair 2024 kicked off with an online presentation by Dr. Elanchezhian Chinnavan from AIMST University, Malaysia, who discussed the topic, “Sensor-Based Innovation for Gait Training in Neurological Rehabilitation.” The second session transitioned to offline mode, featuring Dr. Arunachalam Ramachandran, Principal of the College of Physiotherapy, Madhav University, Pindwara, Sirohi, Rajasthan, India, who presented on “PARAM: Pain Apprehension Reactivation of Movement – A Novel Virtual Reality-Based Intervention for Chronic Pain.” The third session was led by Dr. Premkumar B.N, Principal of Kempegowda Institute of Physiotherapy, Bengaluru, Karnataka, India, who shared insights on “An Overview and Current Insights in Application of Motor Imagery in Neurological Disorders.”



The Parallel Poster presentation, Physio Spark innovation competition, and Sports events, chess, carom, and men's badminton were conducted, marking the conclusion of the morning session on the first day. After lunch, the Scientific Paper presentation session for UG, PG, and faculty members took place. The first day concluded with a Grand Cultural Event, which included a flash mob, welcome dance, duet singing, group dance, variety show, Mr. Flair and Miss. Fair competitions, with judges from various fields, overseeing the events.



The second day of **FLAIR 2024** commenced with an insightful online session by **Dr. Esha Arora** from AIMST University, Malaysia, who presented on the topic, “**Role of Exercise in Peripheral Arterial Disease with Type II**

Diabetes Mellitus.” This was followed by an offline session by **Dr. Khushboo Thakkar**, Founder and Director of Sakhi Women's Health, Surat, Gujarat, India, on the topic, “**Tele-rehabilitation for Antenatal and Postnatal Population: Merits and Demerits.**” The third session featured **Dr. Vikrant Bhardwaj** from the Department of Physiotherapy & Rehabilitation at PHYSIOREVIVE, Jeewan Mala Hospital, New Delhi, India, who discussed “**Transforming Rehabilitation: The Role of AI in Advancing Physiotherapy Practices.**” The morning sessions concluded with a presentation by **Dr. Senthil Kumar Elumalai**, Professor and HOD, Department of Physiotherapy at SDUAHER, Kolar, Karnataka, India, on “**Physiotherapy Technology Performance Matrix: A Revolution in Healthcare.**” After lunch, a Quiz competition was conducted. Parallel Sports events, including volleyball, throw ball, futsal, and women’s badminton were held. Then the valedictory Ceremony followed, where the prizes and certificates were distributed to all participants and winners. In a remarkable showcase of talent and achievement, Sri Ramachandra College of Physiotherapy emerged as the overall winner of both the Scientific Session and Cultural Events at Flair 2024, while Excel College of Physiotherapy claimed victory in the Sports



Events.

The prestigious Overall Trophy for Flair 2024, however, was also awarded to Sri Ramachandra College of Physiotherapy, cementing their dominance and securing top honors across multiple categories at the event. Flair 2024 was made possible with the generous support of several esteemed sponsors, including Technomed, a leading manufacturer of

physiotherapy equipment, and CBS Publishers and Distributors Alongside Scientific Medical System, a prominent supplier of physiotherapy medical equipment. The event was further supported by The Indian Journal of Physiotherapy and Occupational Therapy, a prestigious international journal focused on physiotherapy research, and Toni & Guy, a well-known brand in beauty and grooming.

As part of our FLAIR-24 International Conference, which also centered around the social theme "SERVE THE NEEDY," we organized a series of carnival activities to raise funds for a noble cause. We are delighted to share that the proceeds were donated to **Agathi Illam** and **Bridges Learning Academy**, Puducherry supporting the education and well-being of underprivileged students. Our team also had the opportunity to visit the home, where we distributed snacks, notebooks, and stationery to the students.



INTERCOLLEGIATE VENTURE

STUDENTS TEACHERS INTERACTION ZONE

The **STIZ** event for the month of August was held on **July 30th (Tuesday)** at 3:30



PM at Mary McMillan Hall. The program commenced with a warm welcome speech delivered by the final year students, followed by the final moments of the STIZ read by the STIZ coordinator, **J. Philomina (Assistant Professor, SVCOPT)**.

The first highlight of the event was a two-day workshop on antenatal care and labour management, presented

by Dr. Kushboo Thakkar, founder and director of Sakhi's Women's Health Care, Surat. The workshop garnered significant attention and provided valuable insights for attendees. In recognition of her efforts in organizing the event, Mrs. Dhanalakshmi (Assistant Professor) was honored with a certificate of appreciation from the principal, Prof. K. Anand Babu.

The second key event of the month was the highly anticipated Graduation Day, where the VIVID magazine and PHYSIO PULSE were officially launched. A brief note was given acknowledging the hard work behind the magazines and extending gratitude to the editors.

Prof. K. Anand Babu, Principal of SVCOPT, along with Prof. M. Paulraj, presented the VIVID magazine to its authors, who were individually recognized for their contributions. The students gathered for a memorable photograph, proudly holding their copies of the VIVID magazine.

The event concluded with a heartfelt vote of thanks, wrapping up a successful gathering that highlighted the achievements and initiatives of both the faculty and students of SVCOPT.

STIZ SEPTEMBER 2024

The **STIZ** event for the month of **October** took place on October 1st (Tuesday) at 3:30 PM at Mary McMillan Hall. The program began with a warm welcome speech delivered by final-year students, followed by the concluding moments of STIZ being

read by the STIZ coordinator, J. Philomina, Assistant Professor at SVCOPT. Earlier in September, the college hosted several notable events. The first was the Teachers' Day celebration on September 5th, organized by the final-year students, also known as CHARITONS. On September 8th, in recognition of World Physiotherapy Day, SVCOPT collaborated with Lakshmi Agency to conduct a physiotherapy camp at Villupuram.

Additionally, the weekly Scientific Forum featured an insightful session on the 'Brain-Computer Interface' by Mrs. Subalakshmi, Assistant Professor at SVCOPT, while the SAC event focused on 'Neurobics: Defined Memory Boosting Activities.' The month concluded with a certificate distribution ceremony, where the Principal presented awards to event coordinators and winners from various programs. The event was wrapped up with a heartfelt vote of thanks.

SCIENTIFIC FORUM

The **scientific forum**, one of the Tuesday events, focused on present and future research application directions. As well as guidelines for aiding budding roles and responsibilities in improving to share the happenings of the **2024**. The first scientific forum of the **13th August 2024 in Mary Mcmillan Venkateshwaraa College Of** organized by **Ms. S. Savitha** Assistant **Prof. M. Paulraj**, Professor,



Sowmiya, Ms. M. Shalini, Ms. I. Mathiyazhagi, Ms. A. Anush Divya, Mr. I. Saam Sanjai. At this event, **Mrs. J. Philomina**, Assistant Professor presented an interesting topic “**A Boon to Physiotherapy Trends - Virtual Reality**”. At this session, she talked about the introduction, purpose, characteristics, Virtual Reality using Balance board, treadmill-assisted gait training, and their implication for physical therapy research and practice. During this meeting, all the faculty and students of SVCOPT were gathered. At the beginning of the session **Ms. P. Sowmiya**, a final-year student gave a welcome address. **Prof. Dr. K. Anand Babu, Principal**, SVCOPT, presided over the event. During the session, faculties and students have interacted well with the speaker. All of the participants have updated their understanding of study design types and their significance in the physiotherapy scientific process. Finally, **Ms. M. Shalini**, from final-year student thanked everyone.

The scientific forum, one of the Tuesday events, focused on present and future research application directions. As well as guidelines for aiding budding physiotherapy researches in their roles and responsibilities in improving research process. We are pleased to share the happenings of the scientific forum event number – 3. The first scientific forum of the academic semester took place on **10th September 2024 in MARY MCMILLAN HALL, 6TH FLOOR, SRI VENKATESHWARAA COLLEGE OF PHYSIOTHERAPY, PUDUCHERRY.**

It was organizes by **Ms. S. SAVITHA** Assistant professor & Scientific Instituter **Prof. M. Paulraj**, Professor, SVCOPT and her mentees **Ms. P. Sowmiya, Ms. M. Shalini, Ms. I. Mathiyazhagi, Ms.A. Anush Divya, Mr. I. Saam Sanjai.** At this event, Assistant professor. **Mrs. G. subalakshmi**, professor presented an interesting topic about “**Brain Computer Interface- Control Exoskeleton (Trend in clinical Neuro Rehabilitation)**”. She talked about the introduction about brain computer-interface, evidence based treatment on exoskeleton for neurological condition, incidence of using among neurological conditions, clinical used benefits, evidence based practice of and their implication for physical therapy research and practice at this meeting.

This forum was the second scientific meeting of the New Year 2024. During this meeting, all the faculty and students of SVCOPT were gathered. At the beginning of the session **Ms. Ms. M. Shalini** final year student gave a welcome address. The event

was presided over by **Prof. DR. K. ANANDH BABU**, Principal, SVCOPT. During the session, faculties and students were interacted well with the speaker.

And all of the participants have update their understanding of study design types and its significance in physiotherapy scientific process. Finally, **Mr. I. Saam Sanjai** thanked everyone.

The scientific forum, one of the Tuesday events, focused on present and future research application directions. As well as guidelines for aiding budding physiotherapy researchers in their roles and responsibilities in improving the research process. We are pleased to share the happenings of the scientific forum event number 3. The first scientific forum of the academic semester took place on **8th October 2024 in Mary McMillan Hall, 6th Floor, Sri Venkateshwaraa College Of Physiotherapy, Puducherry**. It was organized by **Ms. S. Savitha** Assistant professor & Scientific Institutor **Prof. M. Paulraj**, and Students Coordinators of Scientific Forum **Ms. P. Sowmiya, Ms. M. Shalini, Ms. I. Mathiyazhagi, Ms. A. Anush Divya, Mr. I. Saam Sanjai**. At this event, **Prof. Dr. S. Jeyanthi**, the professor presented an interesting topic about “**Core**

Assessment Simplified”. She talked about the introduction, clinical test, Objective measures, evidence-based practice of simplified and their implication for physical therapy research and practice at this meeting. This forum was the second scientific meeting of the New Year 2024. During this meeting, all the faculty and students of SVCOPT were gathered. At the beginning of the session **Ms. M. Shalini**, a final year student gave a welcome address. **Prof. DR. K. ANANDH BABU**, Principal, SVCOPT, presided over the event. During the session, faculties and students have interacted well with the speaker. All of the participants have update their understanding of study design types and its significance in the physiotherapy scientific process. Finally, **Ms. M. Shalini**, final year student thanked everyone.

STUDENT ACTIVITY CONCLAVE

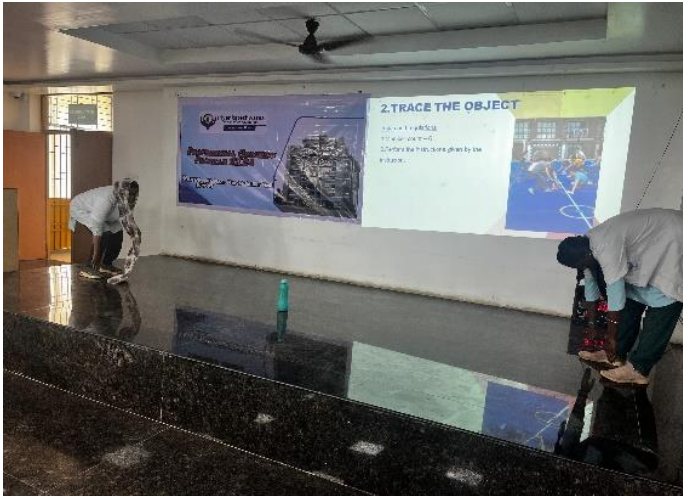
SAC (August 2024)

The much-awaited *Student Activity Conclave* (SAC), held every third Tuesday of the month, took place on **20th August 2024** at Mary McMillan Hall, 6th floor, SVCOPT. The conclave, organized by **Mrs. G. Subalakshmi MPT (Neuro)**, Assistant Professor and SAC coordinator, witnessed an enthusiastic participation from students across second to final year, alongside the faculties of the physiotherapy department. The event aimed to motivate and showcase the hidden talents and skills of students in both academic and extracurricular activities. With an engaging set of activities, the conclave offered an interactive platform for participants to enhance their concentration and cognitive skills.

The competition followed a structured set of rules, ensuring fairness and engagement. With over 150 students and faculty members actively participating, the event was a resounding success. Winners were selected based on a scoring criteria, and their achievements were celebrated at the conclusion of the event. The Student Activity Conclave continues to be an enriching platform for students to unleash their creativity and enhance their skills, promoting both academic excellence and personal growth.

Among the key activities were:

- **Finding the Images:** A stimulating activity designed to improve concentration and attention to detail.
- **Trace the Object:** A team-based challenge where students worked together to trace various objects, fostering collaboration and problem-solving skills.



SAC (October 2024)



The Student Activity Conclave (SAC), a dynamic platform designed to showcase and celebrate student engagement through co-curricular and extracurricular activities, was held on **October 19, 2024**, at Mary McMillian

The participating students engaged in the following memory-boosting exercises:

- **Match the Cup:** A game focusing on improving memory and concentration.
- **Remember the Objects:** A challenge to test and sharpen memory recall.
- **Sense the Object:** An activity aimed at developing sensory memory and concentration.

A total of 150 students and physiotherapy faculty participated actively in the event, with teams competing under strict rules and scoring criteria. The winners in both the student and volunteer categories will be honored at the upcoming STIZ event, a highly anticipated occasion that celebrates outstanding contributions in student engagement and achievement.

The SAC continues to provide a vibrant platform for fostering student development and strengthening the academic and extracurricular fabric of the institution.

Hall, 6th Floor, SVCOPT. This event, which takes place every third Tuesday of the month, brings together students from second year to final year, as well as faculty members, to discuss, share, and collaborate on ways to motivate and showcase the hidden talents and skills of students.

The event, coordinated by Mrs. G. Subalakshmi, Assistant Professor, along with student committee members from the final years, featured a stimulating session on **“Neurobics Defined Memory-Boosting Activities.”**

The activities were designed to enhance memory, concentration, and cognitive abilities, promoting the importance of mental fitness alongside physical well-being.

Evidence Based Practice - Case Presentation



On **August 23, 2024**, **Mr. M. Nagarajan, Tutor cum Clinical Physiotherapist**, delivered an insightful presentation on the topic *"Differential Diagnosis of Buttock Pain & Chronic Low Back Pain"* during the **“Evidence-Based Practice - Case Presentation”** event. The session was held from 3:30 pm to 4:30 pm at the Multipurpose Hall (6th floor) of the Physiotherapy College.

The event was graced by the presence of the Principal, faculty members, and students from the final and third-year Bachelor of Physiotherapy (BPT) courses. Mr. Nagarajan’s session focused on the complexities of diagnosing buttock pain and chronic low back pain, offering valuable insights into clinical evaluation and evidence-based approaches.

The event was coordinated by **Mr. T. Bharaneedharan, Clinical Incharge** at SVCOPT, who ensured its smooth execution. The presentation provided an excellent opportunity for students and faculty to deepen their understanding of these common yet often misdiagnosed conditions, fostering further academic engagement and discussion.



On **September 24**, 2024, the 4th Tuesday **Evidence-Based Clinical Case Presentation (EVBP)** session at the Physiotherapy College offered an insightful and interactive discussion on **"Pre and Post-Operative Physiotherapy Care**

for Hysterectomy." The session, conducted by **Ms. N. Hemavathi, a Tutor and Clinical Physiotherapist**, took place from 3:30 pm to 4:30 pm at the Multipurpose Hall (6th floor).

The event was well-received by students, as Ms. Hemavathi provided a comprehensive overview of the physiotherapy techniques essential before and after a hysterectomy. The highlight of the session was a practical demonstration of pelvic floor muscle exercises, along with other physiotherapy interventions tailored for patients undergoing the procedure. Her clear and detailed explanations helped to deepen the students' understanding of the critical role physiotherapy plays in the recovery process.

Throughout the session, students actively engaged with Ms. Hemavathi, posing a variety of queries related to the topic. Ms. Hemavathi took the time to address each question, ensuring that all doubts were cleared and enhancing the overall learning experience.

The session was coordinated by **Mr. T. Bharaneedharan, Clinical Incharge** at SVCOPT, ensuring smooth organization and delivery of the program.

This session proved to be an enriching learning opportunity for the students, highlighting the importance of physiotherapy in post-surgical recovery and contributing to their hands-on clinical knowledge.

HANDS OF SVGI

IQAC & Research Cell from Sri Venkateswaraa Medical College Hospital and Research Centre conducted a national conference on "Transforming medicine through research: opportunities and challenges" on 26th July 2024.

A national conference on “Transforming medicine through research: Opportunity & Challenges” was conducted by IQAC &



Research of Sri Venkateshwaraa Medical College Hospital and Research Centre on 26-7-2024 at Sai Auditorium. Students from various institutions actively participated in this conference, of which **30 PG students** were from Sri Venkateshwaraa College of Physiotherapy.

Dr. B. Muthukumar Associate Professor, Department of Nephrology, RML Hospital, New Delhi, was the speaker for the topic Foundations of Medical Research: From Basic Science to

Clinical Application. This was followed by Inauguration & Felicitation. Dr. S. Arunkumar Associate Professor, Department of Nephrology, AIIMS, New Delhi, was the speaker for the topic, Clinical Trials and Evidence-Based Medicine: Designing, Conducting and Interpreting Research. Dr. M. Suresh Associate Professor, Department of ENT at AIIMS Madurai was the speaker for the topic, Ethics and Challenges in Clinical Research. Dr. S. Niranjall, ICMR-Emeritus Selena Department of Biochemistry, University of Madras, was the speaker for the topic, Methods and Emerging Trends in Research. The event was winded up by a feedback session and a Vote of thanks.

Overall, the conference gave students essential skills, knowledge, and connections, fostering a deeper appreciation for research and motivating them to contribute meaningfully to their fields.



Our Faculty
Prof. Paulraj
Manickavelu
Serves as Jury
for E-Poster
Competition
on World
Hepatitis Day
2024:

Puducherry,
August 1, 2024 —
We are pleased to
announce that

Prof. Paulraj Manickavelu was invited to
serve as a jury member for the e-poster
competition
organized by the Department of
Pharmaceutical Chemistry at Shri

Venkateswaraa College of Pharmacy,
Puducherry, in observance of World
Hepatitis Day 2024. The competition, held
virtually via Google Meet, featured
presentations from a diverse group of
delegates, including faculty members,
researchers, and students.

Prof. Paulraj, alongside other
esteemed pharmacy faculty,
evaluated numerous e-poster
presentations, assessing their
relevance and quality. His
participation in this event
underscored his commitment to

advancing research and education in
the field. In recognition of his
contributions, Prof. Paulraj was
awarded a Certificate of Honour by
the event organizers. This
recognition highlights his significant
role in supporting and encouraging
academic and research excellence.



FDP Organized by Sri Venkateshwaraa College of Engineering



Venkateshwaraa College of Physiotherapy participated in a
comprehensive **Faculty Development Programme (FDP)** held at
the Sai Lecture Theater, SVMCH&RC. The session was enriched
by the insightful lecture of **Dr. Kishor Kumar Tripathy**, Member
Secretary of Aurobharathi, Sri Aurobindo Society, Puducherry.

Dr. Tripathy shared his extensive knowledge and experience,
focusing on the holistic development of educators and the role

On 17th
August
2024, the
faculty
members
of Sri

of teaching in shaping future leaders. The session provided
valuable perspectives on integrating innovative approaches in
pedagogy, enhancing faculty skills, and fostering a dynamic
learning environment.

The FDP aimed at empowering the teaching community with
updated methodologies and tools, ensuring continuous
improvement in academic excellence. Faculty members from
various departments engaged in thoughtful discussions and
activities, contributing to a highly interactive and enriching
session.

This initiative underscores the college’s commitment to the
professional development of its faculty and its dedication to
maintaining high educational standards.

RPS - 2024



Puducherry, 31st August 2024: our faculty (SVCOPT) attended A one-day
national **workshop on Research Writing & Publication Ethics (RPS – 2024)**
was successfully held at Indrani Hall, **Shri Venkateswaraa College of
Pharmacy, Puducherry**. The event, organized by the Department of
Pharmaceutical Chemistry, attracted faculty members from various department
of SVGI to enhance their research skills and understand ethical practices in
academic publishing.

Dr. Murugan Veerapandian, Senior Scientist and faculty member at CSIR, Karaikudi, was the distinguished speaker for the workshop. With his extensive experience in research, Dr. Veerapandian shared valuable insights on the intricacies of research writing, the importance of adhering to publication ethics, and strategies for successful academic publishing.

The session provided participants with a deeper understanding of the research process, from

conceptualization to publication, while emphasizing the ethical standards essential for maintaining the integrity of scientific work. Faculty members engaged in discussions and interactive sessions, gaining practical knowledge on how to avoid common pitfalls in publishing and how to ensure compliance with ethical guidelines. The workshop served as a significant platform for academic professionals to improve their research and publication practices, fostering a culture of ethical scholarship.

Hands on Workshop organized by the Internal Quality Assurance Cell (IQAC) and the Research Cell of SVGI

On 5th and 6th September 2024, a hands-on workshop on the



topic
“**Plagiarism
Detection
Tools and
Techniques
using DrillBit
Software**” was

conducted at Virchow Hall, SVMCH&RC. The event was organized by the Internal Quality Assurance Cell (IQAC) and the Research Cell of SVGI, with expert support from **Balani Infotech Pvt. Ltd.**, Noida, Uttar Pradesh.

The workshop saw active participation from our faculty members and Postgraduate students, who engaged in insightful sessions on the importance of academic integrity and the role of advanced software tools in detecting plagiarism. DrillBit Software, known for its accuracy and efficiency, was introduced as a valuable tool for ensuring originality in academic work. The two-day workshop provided participants with practical experience, equipping them with the necessary skills to utilize the software in their research and academic writing. The sessions were aimed at enhancing awareness about ethical research practices and combating plagiarism in educational institutions. This initiative underscores SVGI's commitment to fostering research excellence and maintaining high standards of academic integrity.

Career Guidance Program-Germany



Eurizone International Academy hosted an insightful career guidance session on the immigration procedure for Germany on 14th October 2024. The event, held at the Multipurpose Hall, 3rd Floor **ICON**,

was designed to provide postgraduate students with valuable information on pursuing career opportunities in Germany after completing their professional degrees.

The session was led by the esteemed **Dr. Saurabh Agarwal**, Co-Founder and CEO of Eurizone International Academy. **Dr. Agarwal** delivered a comprehensive presentation on the immigration process, detailing the steps and requirements for students and professionals seeking to build their careers in Germany. His expert insights helped attendees gain a deeper understanding of the opportunities available and the procedures involved in moving to Germany for career advancement. The program was organized by **Ms. A. Kirthiga**, **Assistant Professor** at **SVCOPT**, who ensured the smooth execution of the event. The guidance provided in this session is expected to be an invaluable resource for students aspiring to pursue their careers in Germany.

Central Research Committee Program

On December 21, 2024, **Prof. S. Jeyanthi** and Assistant Professor **Mrs. J. Dharani** participated in an insightful program titled "**Fertility Preservation in Males and Females**" and "**Research in ART: Guidelines and Current Scenario**," held at the Sai Lecture Hall, SVMCH & RC, Ariyur, Puducherry. The event was organized by the **Central Research Committee of the institution**.

The program featured **Dr. Mariano Mascarenhans**, Deputy Medical Director of Care Fertility Leeds, UK, as the keynote speaker, delivered an informative session on the latest advancements in fertility preservation and assisted reproductive technology

(ART), offering valuable insights into current guidelines, research trends, and the evolving landscape of fertility treatments.

The event was well-received by faculty and students alike, fostering discussions on the significance of fertility preservation and the future of ART in addressing reproductive challenges.

JOYOUS MOVEMENT CELEBRATIONS

Farewell Party for the Valencians, Class of 2019



Date:
30/08/2024

The
Charitons,
Class of
2020, had
the distinct
honor of
organizing a
heartfelt

Anand Babu, the Principal, who offered their blessings and best wishes for the bright futures of the departing students.

The evening's theme, "**Reach for the Stars**," beautifully symbolized the boundless potential that lies ahead for the Valencians. The event was filled with joy, laughter, and a series of memorable activities that created lasting memories for all those involved.

As the Valencians prepare to embark on the next chapter of their lives, the **Charitons** extend their warmest wishes for success and fulfillment in all their future endeavors. Best of luck to the Class of 2019 as they continue to reach for the stars!

farewell for their seniors, the **Valencians** of the Class of 2019. The emotional event was graced by the esteemed presence of **Dr. R. Venguttaramane, the advisory head, and Dr. K.**

Teachers' Day Celebration at SVCOPT: A Memorable Event



Date: 05/09/2024 The **Teachers' Day** celebration at SVCOPT was a grand affair, held on October 5, 2024, at the Mary McMillan Hall, 6th floor, SVCOPT. This special event, commemorating World Teachers' Day, aimed to honor the significant contributions of teachers across the globe and emphasize the importance of their recognition and support.

The celebration saw active participation from **Principal Dr. K. Anand Babu** and the entire faculty of SVCOPT. Faculty members engaged in various fun-filled games and activities organized by the students. The event was an excellent platform for students to express their gratitude and appreciation for

their teachers' dedication and hard work.

The celebration was organized by the final-year students, under the coordination of **Ms. Savitha, Assistant Professor** at SVCOPT. The event was full of enthusiasm, laughter, performances, and memorable moments. It was a day to remember, filled with joy and gratitude, concluding with

heartfelt thanks to the teachers for their unwavering support and commitment to the educational journey of their students. The Teachers' Day celebration was a resounding success, fostering a sense of appreciation and unity within the SVCOPT community.

STUDENTS ACHIEVEMENTS
[CURICULAR & EXTRACURRICULAR]

MEACON 2K24

Velammal Engineering College awarded **Mr. S. Rajaganapathi** Final Year BPT from Sri Venkateswara College Of Physiotherapy, Ariyur. He has secured the First Prize in the event “**Ideophilia**” at **MEACON 2K24**, a National Level Technical Symposium held on 3rd August 2024, organized by the Department of Electronics and Instrumentation Engineering at Velammal Engineering College, Chennai. On Topic of “ANNAM- to Releive Food Hunger and To Reduce Food Waste”. The certificate is signed by Dr. S. Anusankari (Coordinator), Dr. Z. Brijet (HOD/EIE), and Dr. S. Satish Kumar (Principal).



CELEBRATION OF NATIONAL SPORTS DAY BY SRI VENKATESHWARAA GROUP OF INSTITUTION, PUDUCHERRY

On occasion of celebrating the National Sports Day , our students are actively participated in Throwball Tournament for girls and Badminton Tournament for boys which was held on **28th and 29th August , 2024** in ICON and SVCET ground and the event was inaugurated by **Dr.Malliga (ICON principal)** and **Dr.Pradeep Devaneyan (SVCET principal)** . It was organised by Department of Physical Education , Sri Venkateswaraa Group of Institutions with the guidance of **Mr. Venkatesh (Director of Physical Education)**. Finally our students got runner up in Throwball tournament for girls and the trophy was distributed by **Dr. Ratanaswamy (Dean of SVMCH & RC)**.



MR, MISS, & MRS. PONDICHERRY



An account of Mr, Miss, & Mrs. Pondicherry event were conducted by collaborated with Tamilnadu Fashion Pageant Association and rotary club about the subject of grooming session for models (students), venue partnered with sri Venkateshwaraa College of engineering held at MBA – seminar hall on 19th to 21st of September. Many events from different categories were conducted; students from SVCOPT participated following events and won the following titles. Our student crowned as Ms. Pondicherry winner& runner, Mr. Pondicherry winner & runner and won many awards in many categories. The events were scheduled

for three days: on day 1 begins with warm- up session, introduction by participants, yoga and fitness session, and talent round followed by fun activities. The program was scheduled in correct manner. Events for 2nd day commence with intellectual round-1,

fitness session –guidance & training, traditional attire –ramp walk, legal advice for modeling, oral care session & personality development session, and the day end with cooking without fire was conducted. The final day begins with photo session (photo shoot), intellectual round-2, debate, grooming session was trained by professionals, pageant walk (corporate formal walk) in front of judges was conducted, final day end up with honoring and title distribution for the participants was done. The Jury Panel members are VINODH SERANJEEVI - TNFPA PRESIDENT, SIYA SRI - VICE PRESIDENT OF TNFPA, EPSILO – JUNESH, Celebrity make-up artist - SELDON AND TEAM, Principal of SVCET, Advocate –

DEVA KUMAR all the dignitaries were acknowledged in the show. Out of this program, SVCOPT students have secured following titles:

- MS.PONDICHERRY - VASANTHRA (PG- 2NDYEAR)
- MR.PONDICHERRY - GUNASANKAR (UG – 3RD YEAR)
- MS.PONDICHERRY (1ST RUNNER UP) - SHRINIDHI (UG – 4TH YEAR)
- MR.PONDICHERRY (1ST RUNNER UP) - ASHWANTH KRISHNAA (UG - 2ND YEAR) & MR.TALENT

All four main (Runner up & Winner up) Titles are won by our students from SVCOPT. The event was telecasted in different satellite channels and the winning students are felicitated by chief guest

4TH PHARMACOVIGILANCE WEEK



An account of pharmacology department collaborates with Indian pharmacopoeia commission and department of pharmacology ADR monitoring centre & medical education unit celebrating 4th pharmacovigilance week from 17th to 23rd September 2024 at SVMCH&RC by pharmacology department. The program was held at Sai auditorium. Students of our SVGI group of institutions participated in various events based on the theme of “Building ADR reporting culture for patient safety” includes: face painting, slogan ,essay writing, picture quiz/connections, poster presentation, memes, short films, reels and quiz.

On behalf of SVCOPT students have participated on the following events and won prizes, from BPT 2ND year **R.REVATHY** got **first prize** in **slogan competition**. For face painting N.KAMALESH & V.MITHUN KUMAR have got 2nd prize, poster presentation B.NARESH KUMAR have secured 1st prize, In essay competition R.VANAJA secured 1st prize, R.MITRA secured 2nd prize and A.ABDHUL RASHEETH got 3rd prize. Student from 3rd year A.LAKSHMI secured 2nd prize for poster presentation. Overall the event was organized in well manner, validation program was conducted prize and certificates were distributed by dignitaries. We are grateful to be part of this event.

Physiotherapy Day Celebrations at Sri Balaji Vidyapeeth: PG Students Shine in Paper Presentation Competition

Puducherry, **September 6, 2024:** The School of Physiotherapy at Sri Balaji Vidyapeeth celebrated Physiotherapy Day with a series of engaging events, highlighting the importance of physiotherapy in health and wellness. One of the key highlights of the celebration was the Paper Presentation Competition, where students showcased their knowledge and research in the field of physiotherapy. **Ms. K. Nandhini**, a Postgraduate student, emerged as the winner, securing **first place** with her exceptional presentation on contemporary physiotherapy practices. **Mr. V. Dil Kush**, also a PG student, claimed the **second place** for his insightful paper on innovative rehabilitation techniques. The competition was a testament to the high standards of academic excellence at the School of Physiotherapy and the dedication of its students to advancing the field of physiotherapy.



Stroke Rehabilitation Conference at Hamsa Academy and Kauvery Hospital



The Stroke Rehabilitation conference, jointly hosted by **Hamsa Academy and Kauvery Hospital**, on **December 7th and 8th, 2024** at Boat Club, Anna University Alumni Block, Chennai. This conference explored about the latest innovations in the rehabilitation of stroke patients with a focus on the theme, "The known & the great unknown", the conference had bring together healthcare professionals, researchers and industry leaders to discuss advancements in stroke care. During this event, 15 colleges were participated, including Physiotherapist, Occupational Therapist, Speech Therapist, Psychologist, Nutritionist, Rehab Therapist & Nurse, Research

Scholar, Stroke Survivor, PMR Doctor, Neurologist, Neurosurgeon, Stroke Physician Competed in poster and paper presentation and our SVCOPT PG students **AJITHKUMAR .A** participated in poster presentation in the TOPIC - REALIGNING THE BODY: PHYSIOTHERAPY INTERVENTION FOR PUSHER SYNDROME and **SUBAPRADHA.J** participated in paper presentation in the TOPIC: RECLAIMING MOBILITY - A CASE STUDY ON PHYSIOTHERAPY INTERVENTION FOR MONOPELGIC Also the various sessions were taken by 36 speakers about the advanced intervention for stroke which is carried out with hands-on workshop session in 1. Modulating muscle tone using an advanced technology and 2. Advancing stroke rehabilitation with virtual reality game based device arm amble.

JIPMER conduct the program on International Day of Persons with Disabilities 2024



The Department of Physical Medicine and Rehabilitation at **JIPMER**, Puducherry, commemorated the International Day of Persons with Disabilities on December 6, 2024, with a series of insightful sessions aimed at raising awareness about disability rehabilitation. Our PG Students actively participated. The event focused on various crucial aspects of rehabilitation, including the *Rights of Persons with Disabilities Act*, advancements in *physiotherapy*, *occupational therapy*, and the latest innovations in *prosthetics and orthotics*. The events were designed to highlight the importance of creating a more inclusive and accessible world

for people with disabilities. In addition to the lectures and demonstrations, postgraduate students from the department played an active role in the event. The day served as a reminder of the significance of empowering individuals with disabilities and ensuring their rights and needs are addressed in healthcare and beyond. This initiative was part of JIPMER's ongoing commitment to improving healthcare services and promoting inclusivity within the community.

Best of SVCOPT

CAMPUS DRIVE – 2024



Sri Venkateshwara College of Physiotherapy (SVCOPT) organized a highly successful campus recruitment drive on **12th September 2024**, marking the beginning of a new journey for the outgoing batch of 2019-2023. The event featured both offline and online interviews, with enthusiastic participation from interns and second-year MPT students, all eager to secure positions in leading physiotherapy organizations. The sessions were presided over by the **COO, Dr. Vidhya**, and the Principal of SVCOPT,

Dr. K. Anand Babu, who provided their full support and encouragement to the students throughout the process. The morning session included four offline interviews conducted by prominent institutions such as **O2 Health Studio, Sri Venkateswara Physiotherapy Clinic, Pain and Stroke Rehab Center, and SPARRC Institute**. The recruiters included Mr. S. Daniel Amalan, Chief Physiotherapist, and Mr. Arjun Azhagappan, Director Operator of SPARRC Sports and Fitness Medicine Clinic, Mr. Gautham, Senior Manager of O2 Health Studio,

Mr. Ravi Rangandham, Founder and Chief Physiotherapist of Pain and Stroke Rehab Center, and Mr. Ramesh, Founder and Chief Physiotherapist of Sri Venkateswara Physiotherapy Clinic. These in-person interactions provided students with the opportunity to directly engage with recruiters and showcase their skills. In the afternoon, two online interviews were held by Rewine Health and Pink Studio, offering students additional opportunities in a virtual format. This campus drive served as an excellent platform for students to take their first steps into professional careers, further emphasizing Sri Venkateswara

College of Physiotherapy's commitment to bridging the gap between education and employment. At the end of the event, all the recruiters, along with the event coordinator, Mrs. M. Malarvizhi, were honored by the COO and Principal for their valuable contributions to the successful



organization of the recruitment dri

FREE MEDICAL AND PHYSIOTHERAPY CAMP AT VILLUPURAM ON THE OCCASION OF WORLD PHYSIOTHERAPY DAY CELEBRATION 2024



On the occasion of world physiotherapy day celebration on 8th September 2024, Sri Venkateswara college of physiotherapy have join hands with **Sri Venkateswara medical college hospital & research centre, and Lions club of Villupuram** to conduct a free medical and physiotherapy camp at



supported by student volunteers of final year of Sri Venkateswara college of Physiotherapy. Those who have major ailments were also referred to SVMCH for further follow up. The camp was well organised and sponsored by Mr. Santhosh, Lakshmi agencies Villupuram, & the great efforts of Mr. Rajaganapathy, BPT final year SVCOPT

Venkateswara matric school, Villupuram. To highlight the event, **Mr. Pugazenthi, DGM, SVMCH and Prof. K. Anand Babu, Principal, SVCOPT** who were welcomed and honoured the chief guest of the camp Dr. Lakshmanan MLA of Villupuram constituent. More than 150 numbers of general publics were consulted & treated by various speciality doctors and free medicines were given. In that 50 number of patients who have ailments with musculoskeletal pain, joint related problems stiffness and movement disorders were got free physiotherapy treatment by experienced therapists, faculty members, PG's and

Celebrating Our Award-Winning Educators!



We are thrilled to share the remarkable achievements of two esteemed members of our institution. **Dr. K. Anand Babu**, our beloved Principal, has been honored with the **Best Academician Award (Senior Category)**, and our distinguished Academic Coordinator, **Prof. Paulraj**, has received the **Academician of the Year Award - 2024**. These prestigious accolades were presented to them at **ELECTROCON - 24**, the 1st National Electrotherapy Conference, organized by the Maharashtra Institute of Physiotherapy, Latur. Held on 21-22 December 2024, and this recognition is a testament to their outstanding contributions to academia, leadership, and the field of education. Dr. Anand Babu and Prof. Paulraj have always been pillars of inspiration, guiding us with their unwavering commitment to excellence and innovation. We congratulate them on this well-deserved recognition and wish them continued success in their inspiring journey



Professional Grooming Program 2024

The Professional Grooming Program 2024, held from August 19th to August 29th at Mary McMillan Hall, SVCOPT campus, was meticulously Co-ordinated by Mrs. M. Malarvizhi, Assistant Professor. This 10-day program aimed at enhancing professional development for students and faculty, covering a diverse range of topics. Inaugural Ceremony: The sessions were inaugurated by **Mr. Venkataraman**, Advisory Head, and **Mr. K. Anand Babu**, **Principal** of SVCOPT, who also delivered the welcome address and honored the dignitaries.



Program Highlights: On the **first day** of the Professional Grooming Program 2024, themed **"Physio in the Corporate World,"** The resource person, **Mr. A. Murti**, a distinguished physiotherapist associated with Manipal Hospital and Wipro Software Centre in Bangalore. A session was held on 19th August 2024, from 11:00 AM to 12:00 PM at Mary McMillan Hall, 6th floor, SVCOPT campus.



On the **second day** of the Professional Grooming Program 2024, themed

"Emerging tools and technology". The resource person, **Mrs. Divya**, Technical trainer. A session was held on 20th August 2024, from 2:00PM to 4:00 PM at Mary McMillan Hall, 6th floor, SVCOPT campus.



On the **third and fourth day** of the Professional Grooming Program 2024, themed **"Trigger Point therapy".** The resource person, **Dr. Suresh Franklin**, Founder & Director of Synergy Physio care and rehab centre. A session was held on 21th August 2024 and 22th August 2024, from 9:00Am to 4:00 PM at Mary McMillan Hall, 6th floor, SVCOPT campus.



On the **fifth day (Morning)** of the Professional Grooming Program 2024, two sessions were held. The morning session, themed **"Your Gateway to UK Healthcare - A Step-by-Step HCPC Application Guide,"** The resource person, **Dr. Ksthrashal Singh**, Deputy Dean of the Faculty of Allied Health Professions at AIMST University, Malaysia

On the **Fifth day (Afternoon)** of the Professional Grooming Program 2024, themed **A webinar session** was held on 23rd August from 2:00 PM to 4:00 PM at Mary McMillan Hall, 6th floor, SVCOPT

campus. Themed **"Understanding Scoliosis."** The resource person, **Dr. Joshua Samuel Rajkumar**, Director of Josh Clinic and ECDC Consultant Physiotherapist, Ergonomist, and Aquatic Therapist specialized in PSSE methods for scoliosis rehabilitation, shared his valuable insights and experiences.



themed **"Personality Development,"** The resource person, **Mr. R. Anthony Peter**, HR Recruitment, Employee Relations, Training and Development Placement Officer SVGI. A session was held on 24th August 2024, from 10:00 AM to 11:00 AM at Mary McMillan Hall, 6th floor, SVCOPT campus.

On the **seventh day** of the Professional Grooming Program 2024, themed **"Becoming Entrepreneurship,"** The resource person, **Mr. Vishnu Varadan**, Chief Executive Officer of the Atal Incubation Center at Pondicherry Engineering College Foundation. A session was held on 26th August 2024, from 2:00 PM to 4:00 PM at Mary McMillan Hall, 6th floor, SVCOPT campus.

On the **eighth day** of the Professional Grooming Program



2024, themed **"Overseas Opportunities for Physiotherapists and Career Guidance on the APC Exam,"** a session was held on 27th August 2024, from 2:00 PM to 4:00 PM at Mary McMillan Hall, 6th Floor, SVCOPT campus.



On the **ninth day** of the Professional Grooming Program 2024, themed **"How to Face Interviews and Write Resumes,"** The resource person, **Mr. Sandou Louis Kichor**, Assistant Professor in ECE and Assistant Placement Officer in Engineering. A session was held on 28th August 2024, from 2:00 PM to 4:00 PM at Mary McMillan Hall, 6th Floor, SVCOPT campus.



On the **tenth day** of the Professional Grooming Program 2024, themed **"Scope of Neuro Physiotherapy"** The resource person, **Dr. B. Simulia Dhinju**, Associate Professor in JCOP, Majalgaon, Maharashtra. A session was held on 29th August 2024, from 10:00 AM to 1:00 PM at Mary McMillan Hall, 6th Floor, SVCOPT campus.

The sessions were attended by interns, final-year nursing students, and faculty members. The program concluded successfully with a vote of thanks and a group photo. Mrs. Malarvizhi was honored by Mr. Venkataraman and Mr. K. Anand Babu on the final day.

MOU Signing Ceremony cum Workshop on 21st August at Sri Venkateshwara College of Physiotherapy, Ariyur, Puducherry



For the purpose of exploring the professional skills in the field of Musculoskeleton and widen the job opportunity Portal, Sri Venkateshwaraa college of Physiotherapy has organized a **MOU signing ceremony** with the Synergy Physio care and rehab center on **21th and 22th August 2024**. This MOU was duly signed between **Prof. Dr. Anand babu**, Principal, college of physiotherapy and **Dr. Suresh Franklin**, Director of Synergy Physio care Rehab centre in the presence of **Dr. B Vidhya**, Chief operating officer, SVGI. Followed by this event a **Workshop** on the topic of “**Trigger Point Therapy for Myofascial Pain – level one**” was happened. Over 80 plus physiotherapy UG students were participated and benefited in this program. Dr. K. Anand Babu, Principal, welcomed the gathering and **Prof. Dr. M Paulraj**, Academic Co-ordinator and the vote of thanks. All the participants were actively involved.

Prof. K. Anand Babu Graces Research Book Release Ceremony as Chief Guest in Pondicherry



Pondicherry, November 30, 2024 – **Prof. K. Anand Babu**, the esteemed Principal of SVCOPT was honored to serve as the Chief Guest at a prestigious Research Book Release Ceremony, organized by the **Dyslexia Association**, **Autism Welfare Society**, and **Bridges Learning Vidyalaya Higher Secondary School**.

The event took place in Pondicherry and was attended by educators, students, and various distinguished guests from the field of special education.

Original Article Publication from September to December 2024

➤ Muthukrishnan P and Jeyanthi S. Exploring the Knowledge, Barriers, Facilitator and Preference of Engaging in Exercises among Cancer Survivor’s - A Community Based Study. Afr. J. Biomed. Res. Vol. 27(4s) (December 2024); 8625-8630.

➤ Anand Babu Kaliyaperumal, J. Dharani , S. Ramkumar. Combined Effect Of Kaatsu Training Along With Co-Ordination Exercise To Prevent Risk Of Fall In Elderly Population An Experimental Study. Afr. J. Biomed. Res.2024 November; Vol. 27(4s) 1845 – 1851

➤ Anand Babu Kaliyaperumal, Subbiah, B, Paulraj Manickavelu, Neelamegam, D., & Dhinju, S. Single-Leg Dynamic Balance Training to Improve Stability on Post ACL Reconstruction. South Eastern European Journal of Public Health, September 2024;.316–324.

➤ Anand Babu Kaliyaperumal, Subbiah, B., Paulraj Manickavelu, Dhinju, S, Selvaganapathy S,Vidhya K. The Effect of Visuo-Motor Therapy Versus Vibration Therapy on the Autogenic Muscle Inhibition and Knee Function for the Subjects Who Have Undergone ACL Reconstruction. Afr. J. Biomed. Res . 2024 October;27(3S):3953-9

➤ Paulraj Manickavelu, Namballa, R, Anand Babu Kaliyaperumal, Benjamin, S. Dhinju. The Modified Gait Efficacy Scale: A cross-cultural adaptation for use with the Hindi-speaking Population in India. International Journal of Epidemiology and Health Sciences, 2024; 5.

➤ S Ramkumar, M Muthukumaran and J Dharani. Effect of thrower’s ten exercise along with plyometric weight training on throwing distance and hand grip strength among shot put players. International Journal of Physical Education, Sports and Health 2024 September; 11(5): 380-385.



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Abstract Publication from September to December 2024

- **Paulraj Manickavelu , J. Kanagaraj.** Influence Of Popliteus Muscle Soft Tissue Manipulation Along With Quadriceps Strengthening Exercise On Anterior Knee Pain In Athletic Runners. DOI: <https://doi.org/10.37506/Rp46cb39>
- **S. Ram Kumar, K.A. Jennifer Priya.** The Comparative Effects Of The Janda Approach And Swiss Ball Training On The Strength Of Dynamic Muscles And Flexibility Of Static Muscles Among College Students With Lower Crossed Syndrome. DOI: <https://doi.org/10.37506/5bfg7871>
- **Paulraj Manickavelu , V. Lakshmipriya .** Impact Of Progressive Structured Exercises On Young Obese Females With PCOS. DOI: <https://doi.org/10.37506/Djkdb335>
- **Paulraj Manickavelu, M. Narmada.** Significance Of Sports-specific Strength Training On Dribbling And Shooting In Young Basketball Players. DOI: <https://doi.org/10.37506/1zer3r31>
- **J. Subapradha, D. Dhanalakshmi, Dr. Jeyanthi. S, J. Dharani.** Effectiveness of Plyometric Exercise On Lower Extremity Function Among Classical Bharatanatyam Dancers. Doi: <https://doi.org/10.37506/8749rz67>
- **T. Bharaneedharan, R. Rajalakshmi.** Effectiveness Of Neurobic Exercise With Proprioceptive Neuromuscular Training On Balance, Sports Performance And Stress In Female College Athletes. DOI: <https://doi.org/10.37506/9mm02p32>
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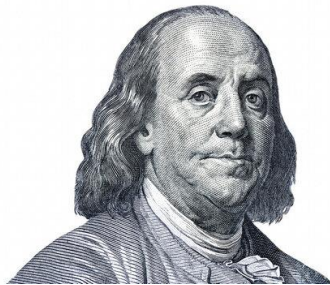
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